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The Dow  
Graduates  
Association



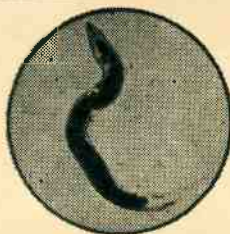
**FOUNDATION DAY**






**SOUVENIR**  
22nd MARCH,  
1975

# Combantrin\*

SUSPENSION  
**PYRANTEL**  
TABLETS

A single dose eradicates Roundworm,  
Threadworm, Hookworm & Mixed Infestations



COMBANTRIN Suspension 50 mg/ml Number of teaspoons		WEIGHT	PYRANTEL Tablets 125 mg. Number of tablets
1/2		Under 11 Kilos	● 1
1		11 to 25 Kilos	●● 2
2		25 to 50 Kilos	●●●● 4
2 1/2		50 to 62.5 Kilos	●●●●●● 5
3		Over 62.5 Kilos	●●●●●●●● 6

**SUPPLY :** PYRANTEL TABLETS : Bottles of 6 tablets and 100 tablets.  
Each tablet contains 125 mg. of Pyrantel.  
COMBANTRIN SUSPENSION : Bottles of 10 ml. & 60 ml. Each 5 ml. (approx.  
one teaspoonful) contains 250 mg. of Combantrin (Pyrantel).

 International sign of  
quality medicines

\*Trademark



for a better, quicker  
response  
specify

# ***synalar***

**fluocinolone acetonide**

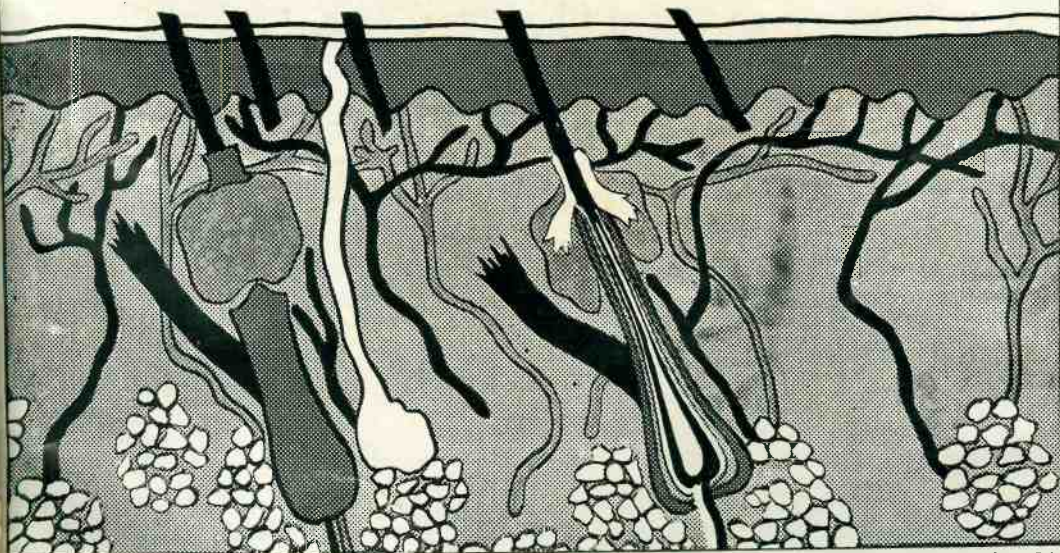
for Inflammatory Dermatoses  
with **95%** success record

- \* Dramatically swift response
- \* Frequently successful in cases which have resisted other therapy
  - \* Free from systemic effects in normal usage.
  - \* Can obviate the use of systemic corticoids
- \* High potency gives effective therapy at low concentration.
  - \* Non-irritant and well-tolerated

## **AN ICI PRODUCT**



Imperial Chemical Industries (Pakistan) Limited  
Tibet Centre,  
M. A. Jinnah Road, Karachi





# What the lab does not see can hurt.



Bacterial cultures and sensitivity studies provide a valuable guide to antibiotic selection. Unfortunately, certain organisms, including *M. pneumoniae* and L-forms, will not grow on ordinary culture media and usually are not discovered by standard laboratory procedures.

Each of these organisms can cause problems: *M. pneumoniae* is frequently involved in respiratory infections which may appear to be either bacterial or

viral; L-forms have been described as the cause of many post-penicillin recurrences or relapses.

Initial administration of **Demethyl-chlortetracycline** can help fight what the lab does not see. It is exceptionally active against *M. pneumoniae*. Because it directly attacks bacterial protein synthesis, **Demethyl-chlortetracycline** has not been implicated in L-form-induced recurrences.

## Demethyl- chlortetracycline\* Lederle



Lederle Laboratories Division • Cyanamid Pakistan Limited

\*Product of Lederle Research





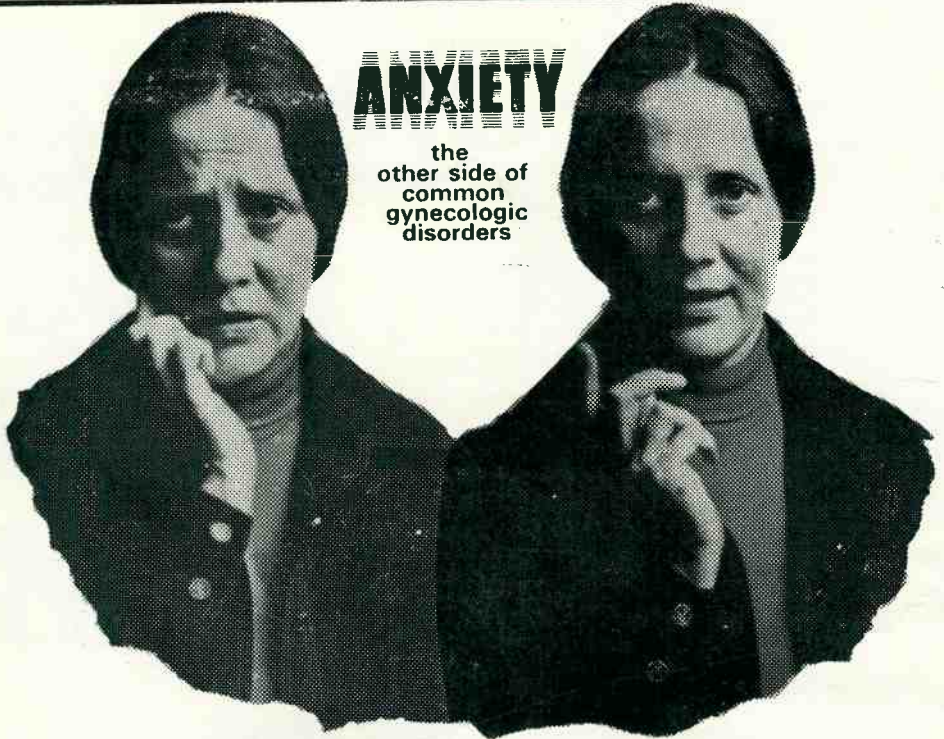
*With the Compliments*

*of*

**BENGAL FIBRE INDUSTRIES LTD.**

BENGAL HOUSE, WEST WHARF.

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# ANXIETY

the  
other side of  
common  
gynecologic  
disorders

# Lorazepam 1mg.

Wyeth

for selective relief of  
contributing anxiety in

- |  |   |
|--|---|
| <input type="checkbox"/> Menopausal Syndrome | <input type="checkbox"/> Premenstrual Tension |
| <input type="checkbox"/> Amenorrhea          | <input type="checkbox"/> Dysmenorrhea         |
| <input type="checkbox"/> Infertility         | <input type="checkbox"/> Frigidity            |
| <input type="checkbox"/> Dyspareunia         | <input type="checkbox"/> Vaginismus           |

Behind every Wyeth prescription.....over a century of reliability



Wyeth Laboratories (Pakistan) Limited  
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diamond  
care

Care, skill, patience and above all, precision makes a diamond perfect and faultless to the millionth of an inch.

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Hakimsons Chemical Industries Ltd.  
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AN ABBOTT QUALITY PRODUCT

# SIMILAC<sup>®</sup>

## The perfect substitute for mother's milk.

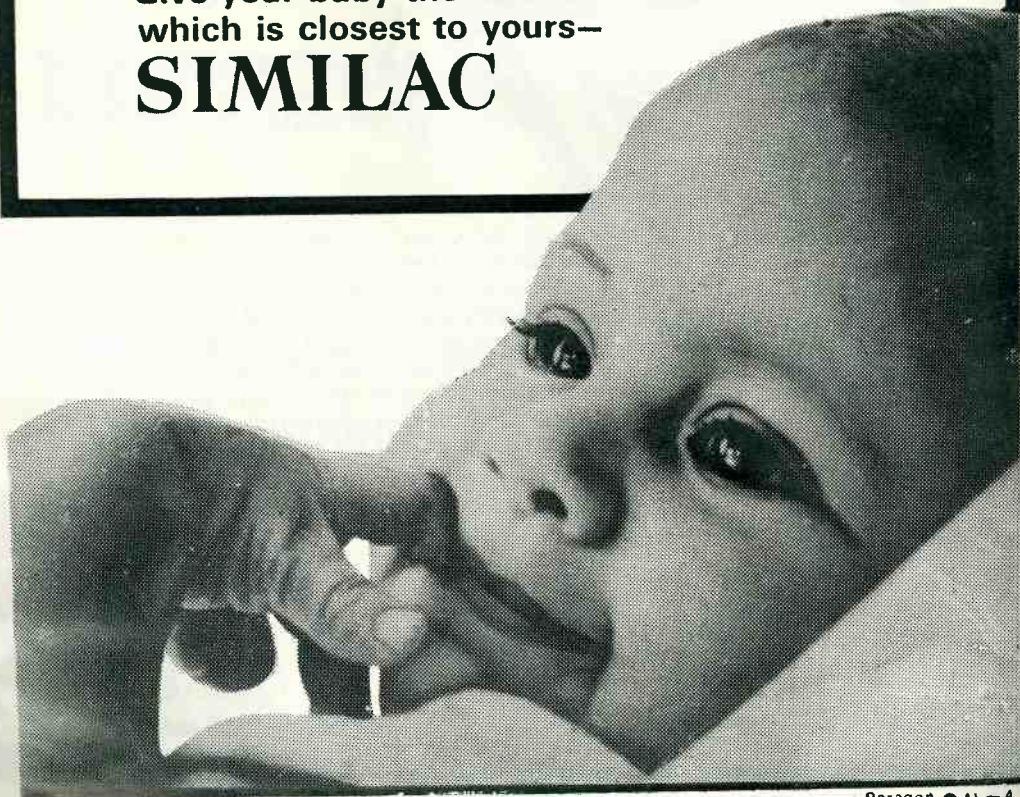
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Healthy. Contented. Smiling.  
Frolicking. And happy babies.  
Growing the way—  
they do on mother's milk.

---


Give your baby the milk  
which is closest to yours—

# SIMILAC





Make sure with



# Extra Spectrum. Bactericidal Power. Assured Safety. Extra Effective.

The extra broad spectrum antibiotic exceptionally safe for neonates, geriatrics or pregnant patients. More than just effective, more than just safe, Ampiclox (Ampicillin - Cloxacillin) is one broad spectrum that's safe enough to make a practice of in patients of all age groups.



**Ampiclox Neonatal Drops 90 mg/0.6 ml**



**Ampiclox Injections 75 mg & 500 mg**

Also available



**Ampicillin - Cloxacillin Capsules 500 mg.**

# Beecham

(PAKISTAN) LTD. P.O. Box 2802, KARACHI-1



*On the auspicious occasion of*

## **Pakistan Day**

*We the Dow Graduates pledge  
to work hand in hand  
for the future  
glory of Pakistan*





# Dow Graduates Association

D DWA P 26

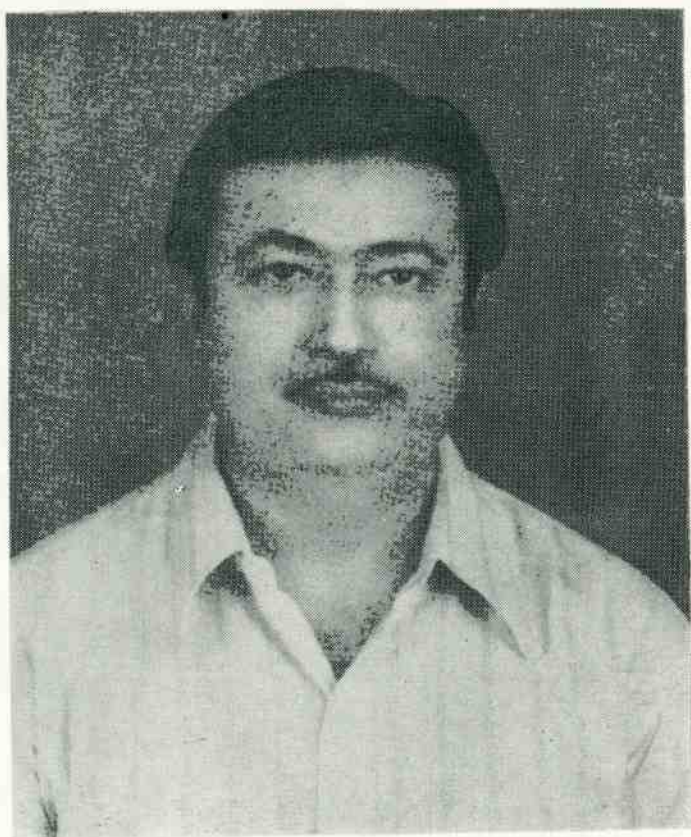


Foundation Day  
Dinner



Saturday, the 22nd March, 1975

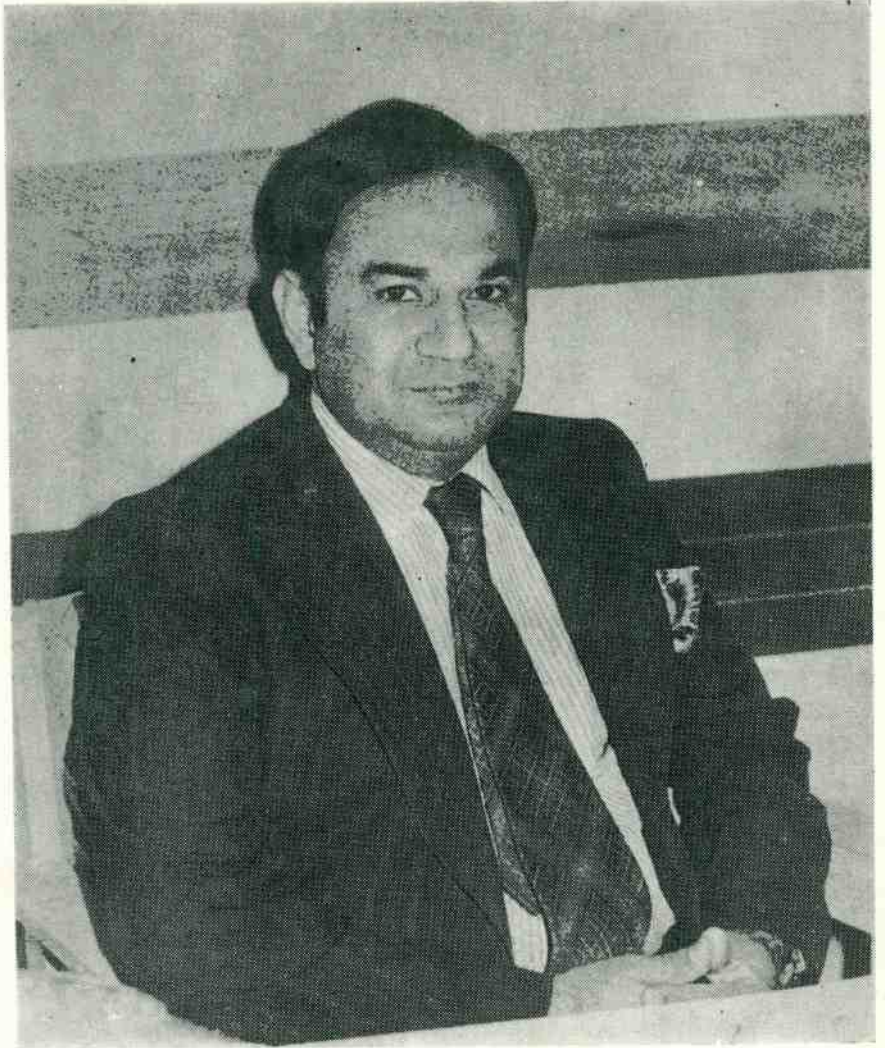
**CHIEF GUEST**



**Dr. Anwar Ali Shaikh**



**PRESIDENT**



Dr. Mansoor Darr

Dow Medical College foundation day annual get together is a big event in the limited social Calendar of a busy doctor's life - we all look forward to this evening to seek old friends and make new ones. It has been our endeavour to make this evening worth while by not only providing a meeting opportunity but also arrange elite entertainment.

It is customary in these pages to discuss some problems facing the medical profession in general and Dow Graduates in particular and I would like to avail this opportunity to bring forward some of these problems.

There is a ban on foreign travel for doctors except for a limited period and that also on furnishing a large financial guarantee. It also involves getting a N.O.C. from the government and in the last couple of years hardly a few doctors have been allowed to go out of the country for higher studies. I fail to understand as to why only doctors have been singled out for this harsh treatment. Are the engineers scientists and teachers not as important. Moreover if the doctors are really needed at home why are they being "exported" to friendly countries through official channels. Besides, as long as adequate higher education facilities are not available within the country we should allow and encourage more and more of our young men to go abroad and bring fresh scientific medical knowledge back to the country. Surely some of these boys never come back but, there they do some useful work. So these non returners provide not only a smile of foreign exchange but promote goodwill for the parent country.

Another issue of grave importance is the large scale marketing of spurious drugs by unscrupulous groups. Some form of severe action is required to stop this unwholesome business. These drugs are not only dangerous for health of the sick but are also incurring ill will of the public towards the family physicians. The doctor patient relationship will deteriorate further as the blame falls on the doctor for prescribing "useless" medicine. I think all drugs must be checked and certified by an independent national laboratory before they are put on the market for general usage. To face this menace the government profession and pharmaceutical industry must put up a united effort.



I think this is an appropriate forum to extend congratulations to the government for setting up three new medical colleges in the province. In the initial 25 years only one college was set up in Hyderabad whereas the present government is instrumental in setting up three new institutions in a short span of two years. However, I hope, the new institutions are provided with adequate equipment for their laboratories and enough staff for teaching purposes. There is an acute shortage of teaching staff in the older institutions and I hope the new colleges can get staff. In medical schools the ratio of teacher : student is of paramount importance. In medicine it is the quality and never quantity which counts and I hope we do not lose sight of this principle. There is no short cut to this and quality above every other consideration must be maintained.

In the end, I would like to express my sincere thanks to all and particularly, Dr. Manzoor Zaidi, and Dr. Badar Siddiqui for their help in arranging this function and Dr. Sabiha Mirza for the help in bring out this Souvenir.

I would also like to thank the pharmaceutical industry for generously advertising in our Souvenir.



Mrs. Shahina Siddiqi

## *The Other Half*

In these days of specialisation it is surprising that there is no guide available on how to be a Dr's wife. I am convinced that this is a field which requires urgent and careful research.

It is so easy these days to get hold of a guide on any subject and one can cope with any of God's creation on the face of the earth but a Dr. is a unique development. It is said that man is a social and a rational animal but as far as Dr's wife is concerned he appears to her neither social nor rational. When she sees all the "normal" husbands being social her husband is not available, he is busy in his clinic taking to his patients who always complain that the Dr. never tells them anything. As for being rational all Dr's have a peculiar habit of taking great interest in what one might be suffering from rather than what one might be happy about which makes one wonder whether one has committed a crime by marrying a doctor without first getting an interesting disease. It is not that there is any dearth of social contact, that is if you are not very keen on observing night and day as God almighty in his wisdom has arranged. Modification is necessary in this arrangement which is not suitable to your husband's progress, conditioned by his patients. Majority of his friends are from his own profession because no one else speaks the same language or has the same unearthly hours. The first contact with this

species can be from confusing to frightening depending on the stability of your nerves, contact with a group at an unearthly hour who speak the same language but one cannot make out as to what they are talking about is far from desirable for a newly married bride. One will find in any good marriage-guide that a good wife takes interest in her husbands work, never commit that mistake because discussion of professional nature with a lay wife will never do unless ofcourse you want to discuss the gossip about another Dr. getting a second wife or someone requiring a 2nd opinion not being satisfied with the treatment of another doctor of the same speciality.

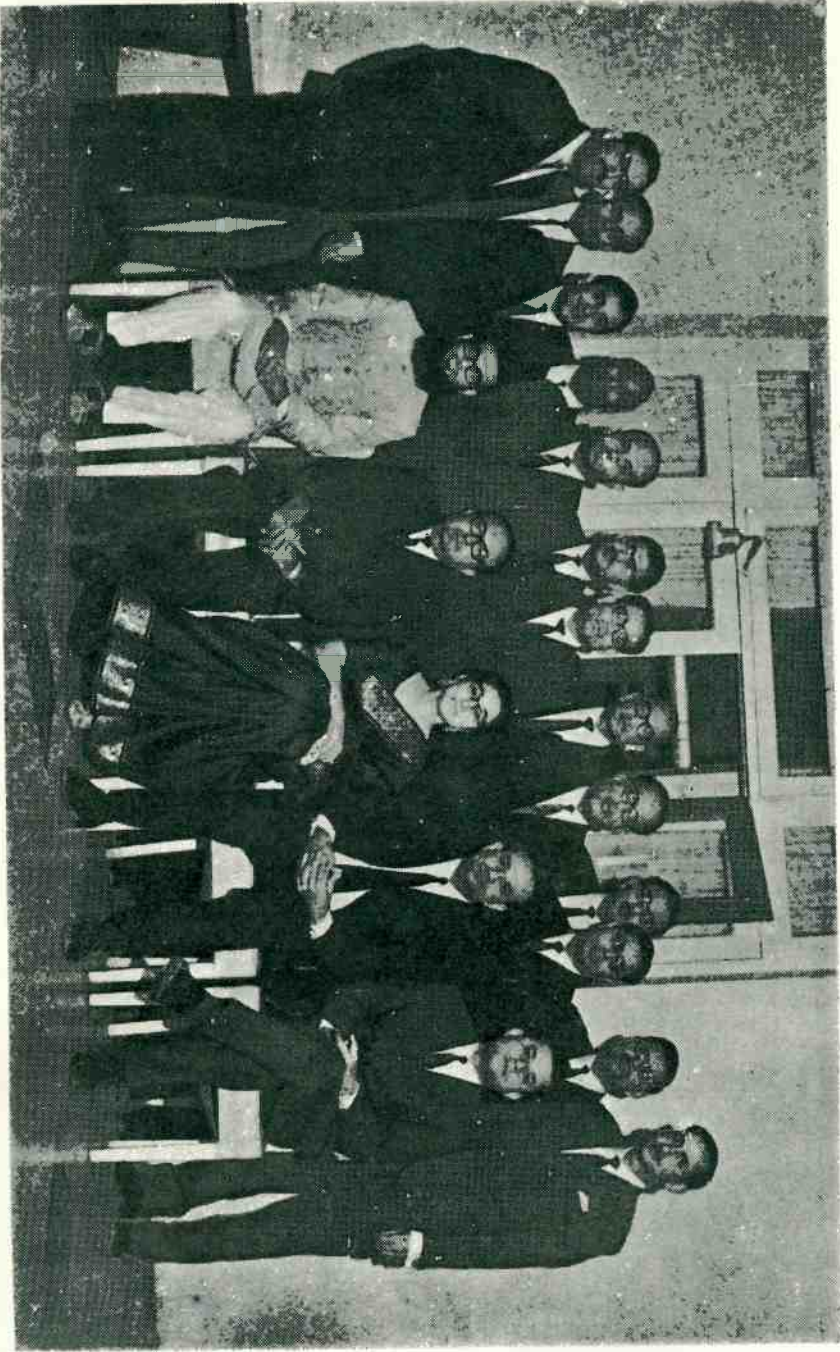
After being married to a Dr. for nearly ten years now I can hold out some hope to any new entrant that survival after all is possible with some useful guidelines

1. When he is leaving for work have a good and searching look if possible keep some indentification mark in mind so that you can re-recognise him easily as considerable time is likely to pass before you set your eyes on him again.
2. Do not follow the romantic notions from films and novels and waiting for husbands for meals this can prove disastrous unless of course you are trained for prolonged period of starvation.
3. Do not try to be too friendly to him till he has had a chance to wash as he may have brought some unfamiliar perfume from his clinic which may not be so agreeable to you.
4. Never expect to attend a function unless you physically reach there even then be ready to leave even before you have noticed as to what the hostess is wearing.
5. Do wake the children often at night so that they see what there father looks like it is important that they can recognise their father in case something happens to you.
6. Do not waste money on expensive dress if you really want him to notice you come out in some interesting rash.

One can only briefly mention some of the advantages of being a Dr's. wife, there is nothing like the actual experience. Having said all that I would not like to change places with anyone.



EXECUTIVE COMMITTEE



## **How do I love thee? Let me count the ways**

I love thee to the depth and breadth and height  
My soul can reach, when feeling out of sight  
For the ends of being and ideal grace.

I love thee to the level of every day's  
Most quiet need, by sun and candle-light.

I love thee freely as men strive for right;

I love thee purely as they run from praise.

I love thee with the passion put to use

In my old griefs, and with my childhood's faith.

I love thee with a love I seemed to lose

***With my lost saints—***

*I love thee with the breath,  
smiles, tears of all my life! And, if God chooses,  
I shall but love thee better after death.*

*Author has requested unanimity in the interest of  
freedom of expression or some special reasons.  
However, we have only one clue and that is he is a  
husband of a doctor.*

**My love** in her attire does show her wit,

It does so well become her :

For every reason she has dressing fit,

For every season she has dressing fit,

For winter spring and summer.

No beauty she does miss,

When all her robes are on :

But beauty's self she would be

When all her robes were gone.



## EX-PRESIDENTS & EX-SECRETARIES

### *Presidents :*

- Dr. Qadeer Khan 1965-66
- Dr. S. H. Manzoor Zaidi 1966-67, 1967-68
- Prof. Kh. Moin Ahmed 1968-69, 1969-70
- Dr. Safia Moin 1969-70, 1970-71
- Dr. Samie Ashraf 1971-72, 1972-73
- Dr. Badar Siddiqi 1973-74

### *Secretaries :*

- Dr. Manzoor Zaidi 1965-66
- Dr. Inayat Hussain 1967-68
- Dr. Mansoor Darr 1968-69, 1969-70  
1970-71
- Dr. Athar Beg 1971-72
- Dr. Badar Siddiqi 1972-73
- Dr. M. Ishaque 1973-74



# **ALL DOW GRADUATES**

**PLEASE JOIN THE  
DOW GRADUATES ASSOCIATION  
FOR BETTER COMMUNICATIONS**

**No Admission or Subscription Fee  
required**



*Glimpses*

*from*

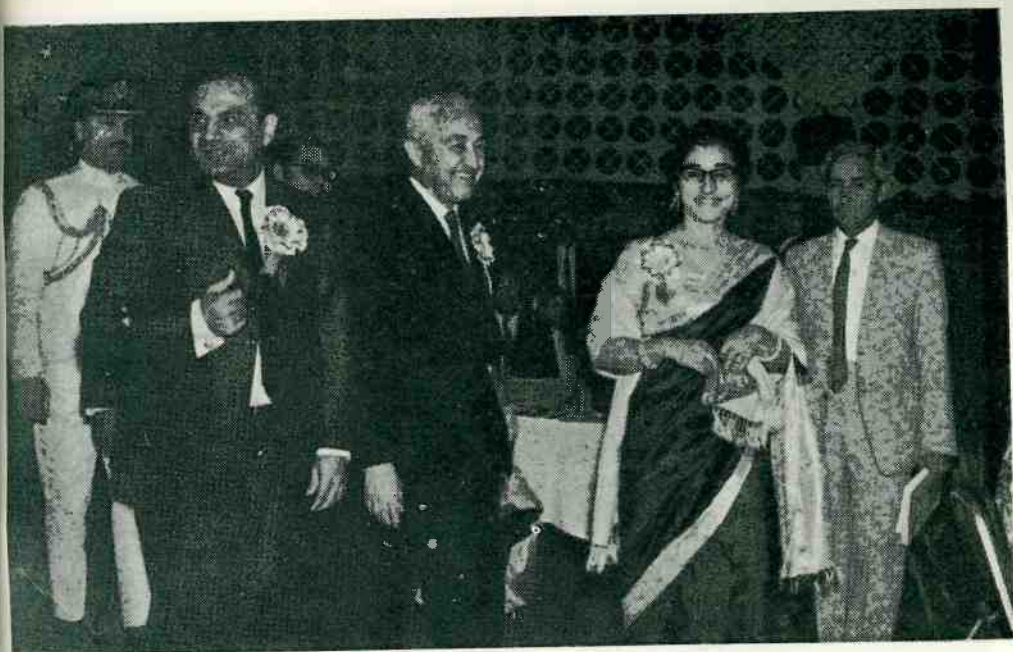
*the*

*past . . .*



Indomitable Suleman will always be remembered



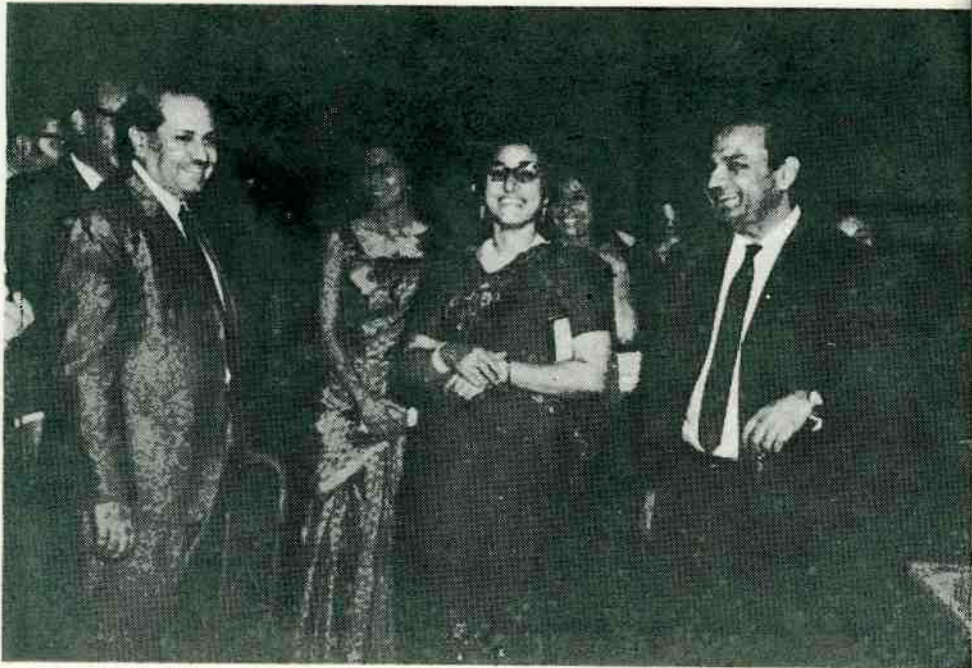


Lt. General Rakhman Gul coming to attend the Silver Jubilee Banquet of D.G.A.

Late Professor M.A.H. Siddiqi our Guest of honour in 1967



Down Memory lane . . .

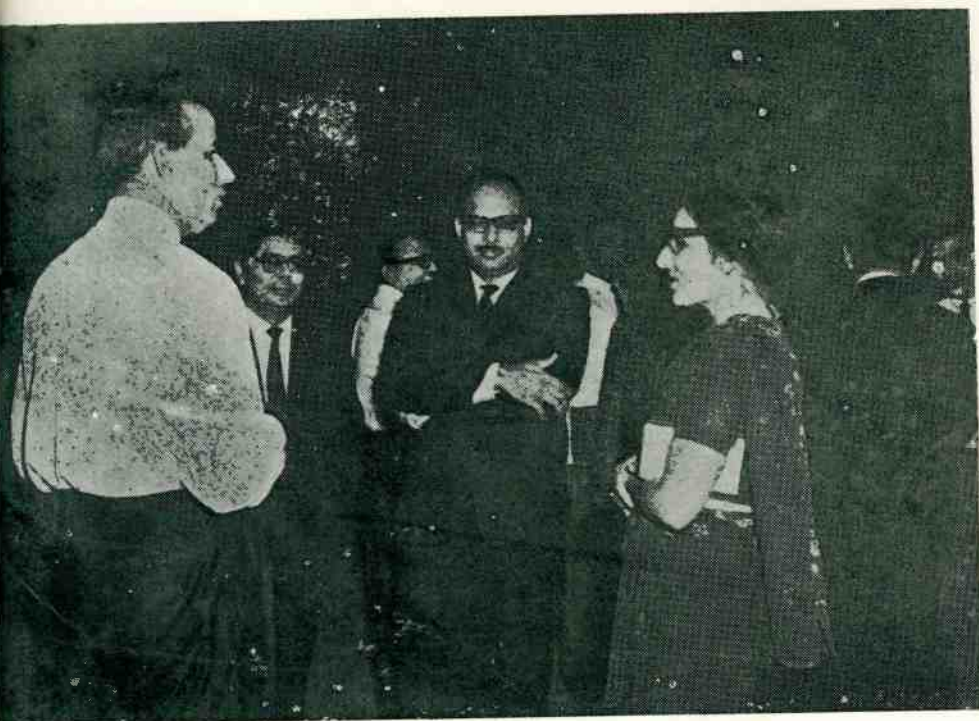


Didn't I tell you we'd all have fun?



Nervous giggles at this age Dr. Haroon ?





Please keep me out. It is between two of you.



"Good heavens ! Pot smoking"?





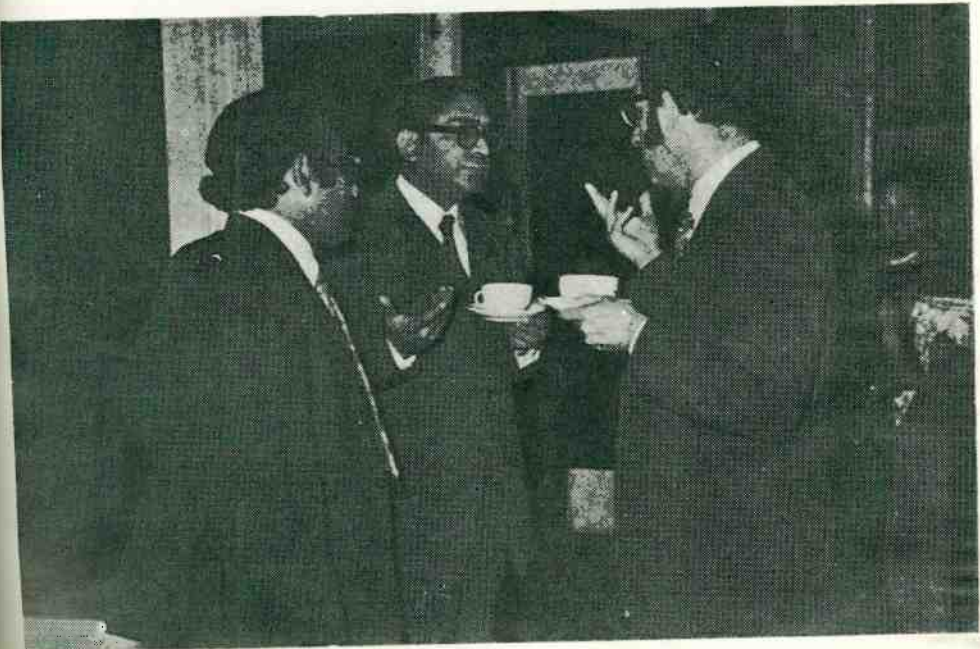
Mr. Katpar with some of the members in light-mood.



What is your predicament?



A penny for your thought Dr. Akram



Where, oh where, are all the ladies this evening





Almost a Dow Graduate  
( at least in the get-together )





# CHLORPROPAMIDE

The most accomplished ORAL hypoglycemic

## CONTROL AS NEEDED

"Chlorpropamide facilitates the release of insulin on demand, in near to normal pattern. Insulin becomes available as needed, with plasma insulin curve closely following the plasma glucose curve."

GOODNER C.J. et. al.  
Ann. Inter. Med.  
68:757, 1968.

## LOW INCIDENCE OF SECONDARY FAILURE

Even after a prolonged treatment period of 12 years, a large majority of diabetic patients on Chlorpropamide continued to respond satisfactorily. In this study,

"Chlorpropamide had the best success rate and the fewest failures."

DELAWTER, D.E. & MOSS, J.M. Medical Times, 96:855, 1968.

## LOW RISK OF HYPOGLYCEMIC REACTION

PREDICTABLY... THE MODE OF ACTION OF PFIZER CHLORPROPAMIDE MAKES HYPOGLYCEMIA UNLIKELY

In 30 published studies, between 1962 to 1969 involving 4303 cases, hypoglycemia was reported in only 1.18% cases. Whereas with glibenclamide the reported incidence of hypoglycemia was 4.55% out of only 1,560 patients.

Rx

FOR LONG TERM TREATMENT OF DIABETES



# CHLORPROPAMIDE

the most accomplished ORAL hypoglycemic



International sign of quality medicines