

# The Dow Graduates Association



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# **The Dow Graduates Association**



**Foundation Day  
Dinner**



**Saturday, the 23rd March, 1974**



## **DR. MAHMUD HUSAIN**

Born in 1907 at Kaimganj, Farrukhabad (U.P.); educated at various institutions at Etawah, Aligarh and Delhi ;Ph. D. Summa cum laudee, Heidelberg, 1932; Hons. D. Litt., 1961.

Appointed Reader in Modern History, University of Dacca, 1933; appointed professor of International Relations in the same University, 1948; elected Member Constituent Assembly of Pakistan, 1947; Member Pakistan Sterling Balances Delegation, 1948; joined Government of Pakistan on February 3, 1949 as Deputy Minister, Ministry of Defence, States and Affairs and Commonwealth Relations, September 1949; appointed Minister of State, Ministry of States and Frontier Regions, October 1950; Cabinet Minister in charge of Kashmir Affairs, 1951; Minister of Education, 1952. Relinquished office in April 1953. Professor of History and Dean Faculty of Arts, University of Karachi since July 1953. Vice-Chancellor Dacca University, 1960-63; Visiting Professor, University of Heidelberg, Germany, 1964; Visiting Professor Columbia University, New York, USA, 1964-65. Vice-Chancellor, University of Karachi, August 1971, to date.

### **PUBLICATIONS :**

**"Quest for Empire"**, a book on contemporary history; **"Fath-al-Mujahidin"**, a manual of Tipu Sultan's army; **"Dreams of Tipu Sultan"**; Also translations in Urdu of Rousseau's **"Social Contract"**; Machiavelli's **"Prince"** and Negla Izzedin's **"Arab World"**.

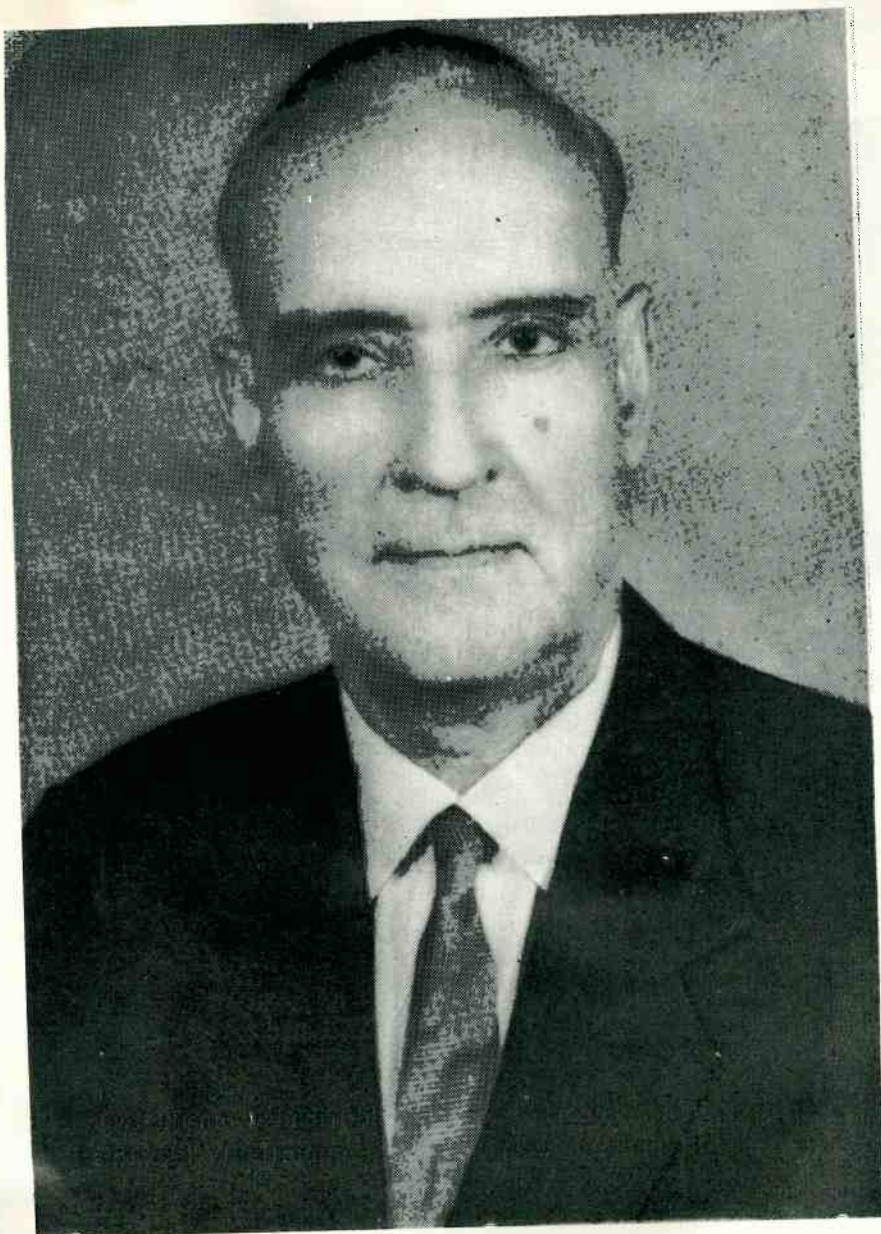
Contributed articles on History and Education in Europe Publications - History of Pakistan since 1947; Macmillan's - History of Education and Jamia Quarterly.

Honorary Editor, Jamia Education Quarterly; President Majlis-i-Taleem-i-Milli, the parent body of Jamia Millia, Karachi since 1952.

First President Pakistan Library Association, 1958-64 and 1969 onwards.



**CHIEF GUEST**



*Dr. MAHMUD HUSAIN*



**Dr. MANSOOR DARR**

## *Editorial*

Dear Colleagues,

We are together once more to meet old friends from the bygone days of the College and to make new friends. An opportunity like this is always welcome.

Our last meeting was at Shezan. Because of the heavy rain previous to and on the day of the function, only a small number of graduates managed to



reach and attend. The function, however would always be remembered for its colourful and intimate atmosphere.

Since then, a number of events of great significance have taken place. We have had the Silver Jubilee meeting of Pakistan Medical Association. It is heartening to note that our graduates played the leading role in not only organising but reading scientific papers and making positive contributions towards promotions of medical education by participating in the symposia organised. We have witnessed the usage of the now famous generic scheme as well. Also in the offing is a National health service which we hope will incorporate the aspirations of the common man as well as do justice to the profession.

The object of my present discourse is not to discuss the proposed health scheme but something much more important and vital. In this issue, I like to devote myself to the serious business of leisure. Please do not take this in a light vein. I believe it is of fundamental importance. A medical practitioner works day in day out for seven days a week for his entire working life. It is a continuous merry go round. There never seems to be any time for the family-leave aside the friends and professional meetings. And irony of the whole thing is that we keep "prescribing" rest and relaxation to our patients but do not practice the "treatment" ourselves. No wonder doctors have on average, a shorter life span than the next man. "All work no relaxation", to my mind is a chronic disease with a long course attended by severe complications and grave Prognosis. I feel this disease ought to be controlled. And luckily the treatment is known. It has been used effectively in many countries and I see no reason to believe that it will not succeed here. Ladies and gentlemen, this cure lies in having "group practice". It has multiple good points and hardly any side and toxic effects. The patient gets the benefit of round the clock availability and yet un-hurried attention of his doctor. The doctors on their part, can easily fix time off and relax.

This does merit atleast a serious thought on our part. We could atleast give it a trial. Dow Graduates are known for introducing fresh ideas and exploring new horizons. We could give this system a trial.



**PRESIDENT**



**Dr. BADAR SIDDIQI**  
*F R.C.S.*

## **DOW GRADUATES AT HERE AND ABROAD**

It has been said that a tree is judged by the fruit it bears similarly it can be rightly said that an institution is known by the graduates it produces. During the past twenty five years Dow Medical College was born, sustained, nourished and firmly established by a succession of devoted doctors. Today it proudly takes its place as one of the leading medical institutions of the country. It is respected because its lofty ideals have consistently been matched by the exemplary deeds of its graduates.

It will only be possible to mention very briefly few of many achievements of our graduates.

1. There is No medical college in the country from Khyber to Karachi in which one or more of our graduate does not hold an important teaching post.
2. Secretary of the province of Sind is a distinguished Dow graduate.
3. Head of two medical colleges are Dow graduates.
4. Deputy speaker of national assembly is a Dow graduate.
5. President elect Pakistan Medical association is a Dow graduate.
6. Secretary General Pakistan Medical Association is a Dow graduate for 3rd successive term.

Dow graduates are serving in Europe, England, America, Africa, Middle East with great distinction and are a credit to the institutions and the country.

Dow Graduates Association is essentially a social organisation providing a meeting place for fellow graduates to renew old associations and form new friends.



**Professor Khawaja Muin Ahmed**  
M.B.B.S., M.R.C.P., D.T.M. & H.

## **ROLE OF P.M.A. IN ESTABLISHING NEW MEDICAL COLLEGES**

Very few people in Pakistan realize that one of the important functions of any Medical Association is to guide and help in maintaining and improving the standard of medical education. This sphere of activity of the medical association is well recognised in the advanced countries of the world. It was therefore no surprise to people when Pakistan Medical Association decided to help and voice its opinion on medical education in general and formation of new medical colleges in particular in this country. The needs of a nation and country as regards the medical personnel etc. will depend on various factors. The type of personnel and the number of such people required has to be properly evaluated. This can best be judged by a national medical Association who can advise and guide the Government.

When seen in this context the recent opening of the new medical colleges in the country and roll of PMA in establishing these colleges would be properly appreciated. There has been a demand for more doctors. The needs of

this was felt by the public and the Government. The Association gave the proper direction to the general thinking and evolved a formula by which it was easier to open a new medical college without a possibility of lowering of the standard of the medical education. The present government having been quite alive to medical needs of the nation decided to tackle this problem and it was the bold attitude of Government of Sind which resulted in opening of two new Medical colleges in the Province on the advice of Pakistan Medical Association. This is one of the examples of co-operation and mutual understanding between the Government and the medical Association in this country. It is hoped this practice and exercise of co-operation will become a regular feature.

The successful outcome of the experiment in this Province of Sind has resulted in revolutionary thinking in other parts of country also where people had to accept the fact that opening of medical colleges is not something which requires huge budgets, protracted planning and undue delay. This has resulted in the opening of new Medical Colleges in Punjab and N.W.P.F.

The Pakistan Medical Association was involved in the opening of a new medical college in Sind right from the beginning when they presented a feasibility report and convinced the concerned authorities that a medical college can be started in a short period of time without much initial expenditure and without necessary red-tapism.

This did not mean that the proper planning was not carried out. In fact the feasibility report was complete in almost all respects. This has been the basis guideline for Sind Medical College and Chandka Medical College. It is also being followed in other provinces and by other planners in the country. Besides the preparation of this report the Pakistan Medical Association has helped in the maximum possible way. During the initial and later stages of the Project the number of doctors who were in one way or another associated with the project was great. Even the office staff of National Head-quarters of Pakistan Medical Association was busy day and night helping the project. When the project was approved and the execution of the plan was to be undertaken the Project Committee of College had two important functionaries of Pakistan Medical Association on its strength. These members were always a source of inspiration and strength to the Committee. Their advice which was sought by all, was to the point and always sound. These functionaries of Pakistan Medical Association helped to a great extent during the Construction and Renovation of building of Sind Medical College. During S. M. C. Project it was no mean an effort to finalize the requirements, the tender and the orders



in a short period of six weeks and the major credit goes to Pakistan Medical Association and its functionaries for their organizational help.

The other field where medical association was the maximum help to the new college in Karachi was that their members volunteered to teach the students on part-time basis. Majority of these teachers are on honorary basis. Besides the teachers, valuable ideas and guidance in teaching methods came from the Doctors and teacher through medical Association. The Medical Association has been a source of inspiration throughout this difficult task and has been responsible for this onward going project and is still active in giving a helping hand in the improvement of the Colleges.

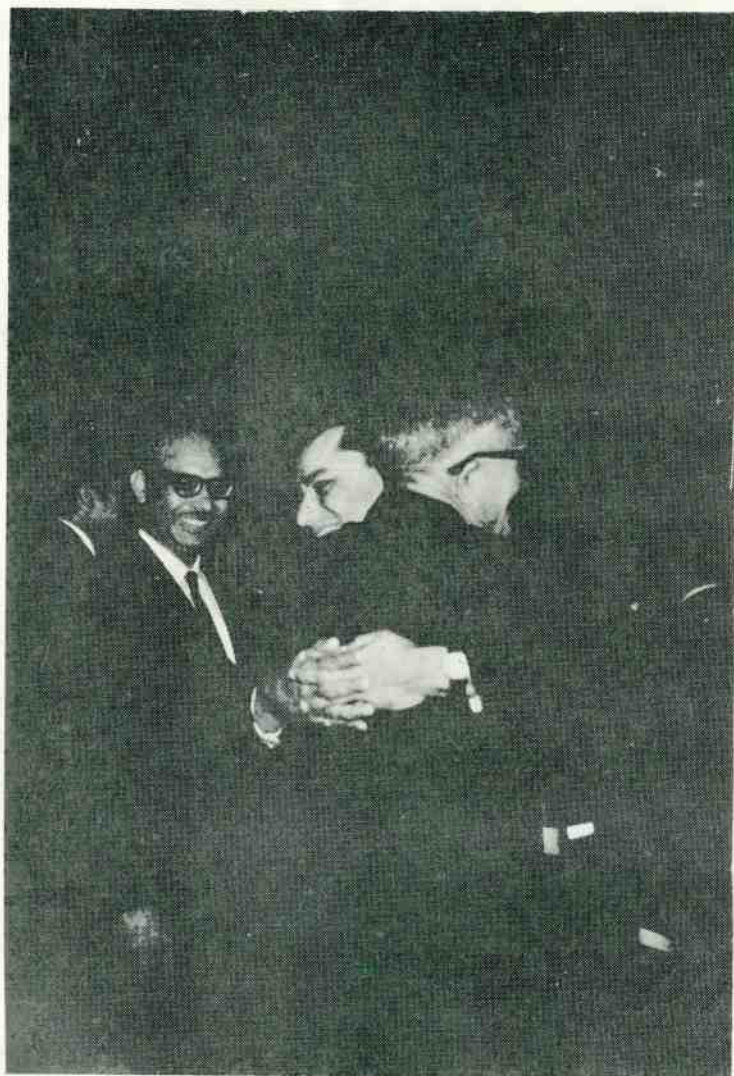
By holding seminars and panel discussions the P.M.A. has recently created more interest in the field of education. This is helping the newly opened medical colleges in shaping their future academic activities. Such panel discussion and demonstration on Audio-visual aids was recently held in Karachi. It proved to be a great success and helped in crystallizing ideas about audio-visual teaching aids. These ideas will certainly be of great help to the teachers and administrators of Medical Colleges especially the new medical colleges.

P.M.A. is an organisation which has like any medical organization multifarious responsibilities and functions. Important one amongst them is the medical education and by its recent constructive and purposeful guidance on opening of new medical colleges and maintaining their standards etc. P.M.A. has done a great service to the profession and to the nation as a whole.

EXECUTIVE COMMITTEE



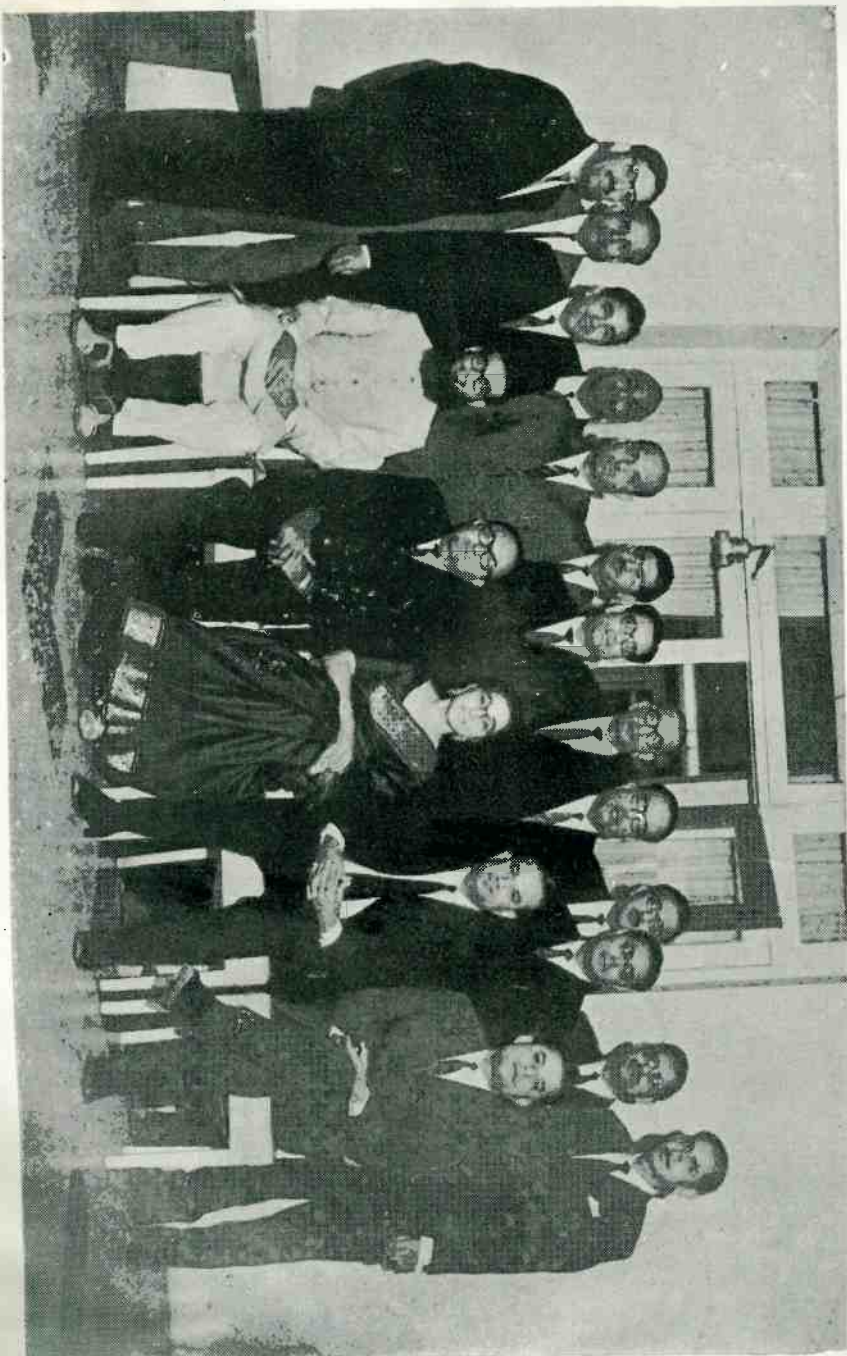
*Glimpses from the recent past . . .*



*What a reunion !*



## EXECUTIVE COMMITTEE



*Memories — We find friends who are abroad.*

*Dr. Hamed — Libya, Dr. Aziz — America, Dr. Inayat — America.*





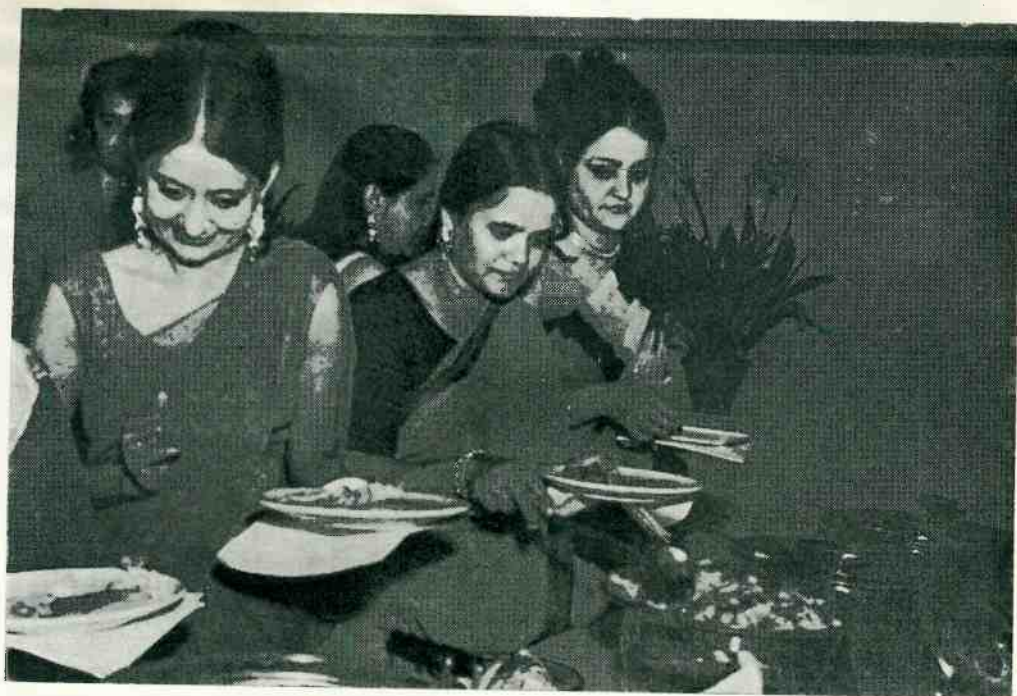
Dr. Khawaja Muin (President PMA) and Dr. Sulaiman Karatela (Vice-President PMA) discussing.

*Suleman — always a “issue”*



*Some people are just not interested.*

On the left, Professor Khawaja Muin



*Food at last.*





*Glimpses from the past . . . .*



On right Prof Kh.Muin *Collections of Dow F.R.C.P.'s*



*E.N.T., Laboratories and G.P. has got the specialists.*



*Sometimes we do meet !*      Third from right, Prof Khawaja Muin



*Lucky Prize Winner !*





Prof. Khawaja Muin with a pipe!

*Happy Meeting*



*Memorable Occasion*



**Dr. M. ISHAQUE**

*Gen. Secretary*

### *Vote of thanks . . .*

In the history of Dow Graduates Association, it is probably for the first time that we are celebrating our Annual Dinner Function on Pakistan Day. We have a tradition of inviting retired professors as our chief guests on such occasions, but this time as it coincides with such an auspicious day as the Pakistan Day, we have invited an eminent educationist of Indo-Pakistan fame Dr. Mahmud Husain, Vice-Chancellor of Karachi University as our chief guest.

On behalf of the Dow Graduates Association, I thank Dr. Mahmud Husain for honouring us, which undoubtedly reflects the interest that he takes in our profession.

Every year the Dow Graduates Association holds two main functions, the Foundation Day Celebration which we celebrated on the 8th of July 1973 at Shezan and this Annual Dinner Function.

In this great industrial city where huge responsibilities lie on the medical profession, the members thereof hardly get any time for any sort of entertainment or recreation. Needless to emphasize that such functions and get-togethers go a long way in providing recreation and entertainment to the busy and responsible community of doctors. It is however gratifying to note that the Dow Graduates Association is fully alive to the need of such functions.

In conclusion, I would like to thank our President Dr. Badar Siddiqui, Dr. Mansoor Durr, Editor of the Souvenir and members of the Executive Committee of the Dow Graduates Association for their help and assistance in making this function a success.

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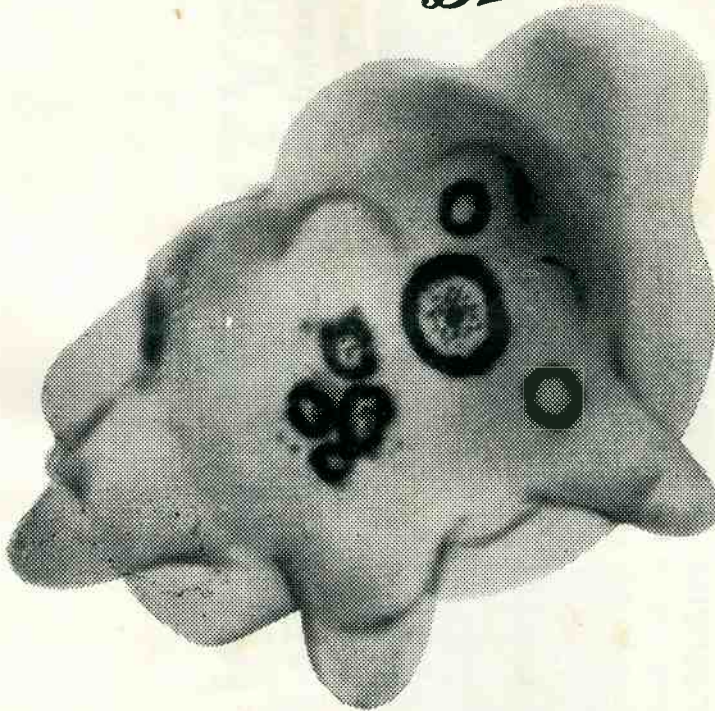
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(Woodruf, A.W., Practitioner, 1968, 201, 638).

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(Textbook of Tropical Diseases 15th Edition, p. 471, Prof. Manson Bahr).

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(Textbook of Medical Treatment Sir Derrick Dunlop & Stanley Alstead, 10th Edition, 1966, p. 202).

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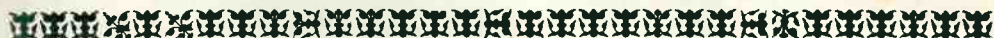
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