

D.M.C.S.U. Medical College



Convocation Souvenir



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E. ARNES

D.M.C.S.U. 1975-76

WE SAY HELLO WHEN YOU SAY GOODBYE

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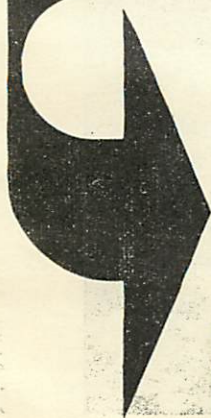
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You'll find under
this sign of ours
friends saying
farewell in one city
and welcoming you
in another

AMERICAN EXPRESS

HERE, THERE AND EVERYWHERE

**HEADACHE?
FLU & FEVER?
PAIN?**



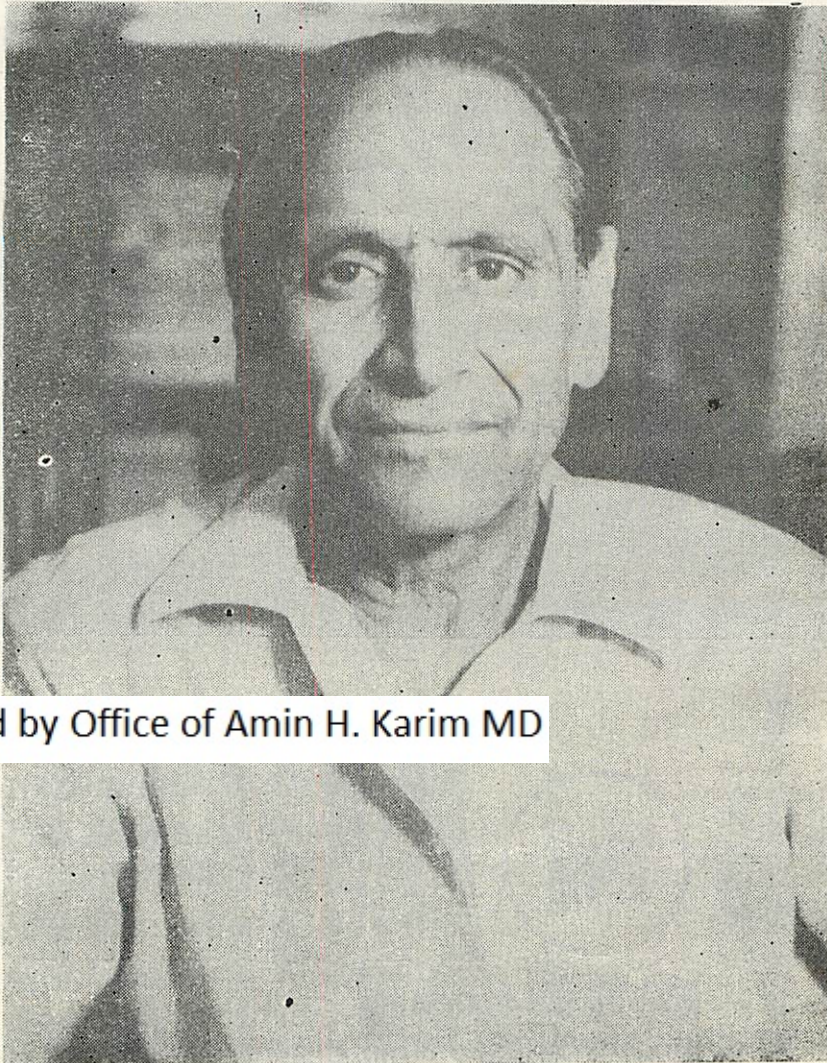
Remember

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OUR PRINCIPAL



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Professor Abdul Wahid

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MESSAGE

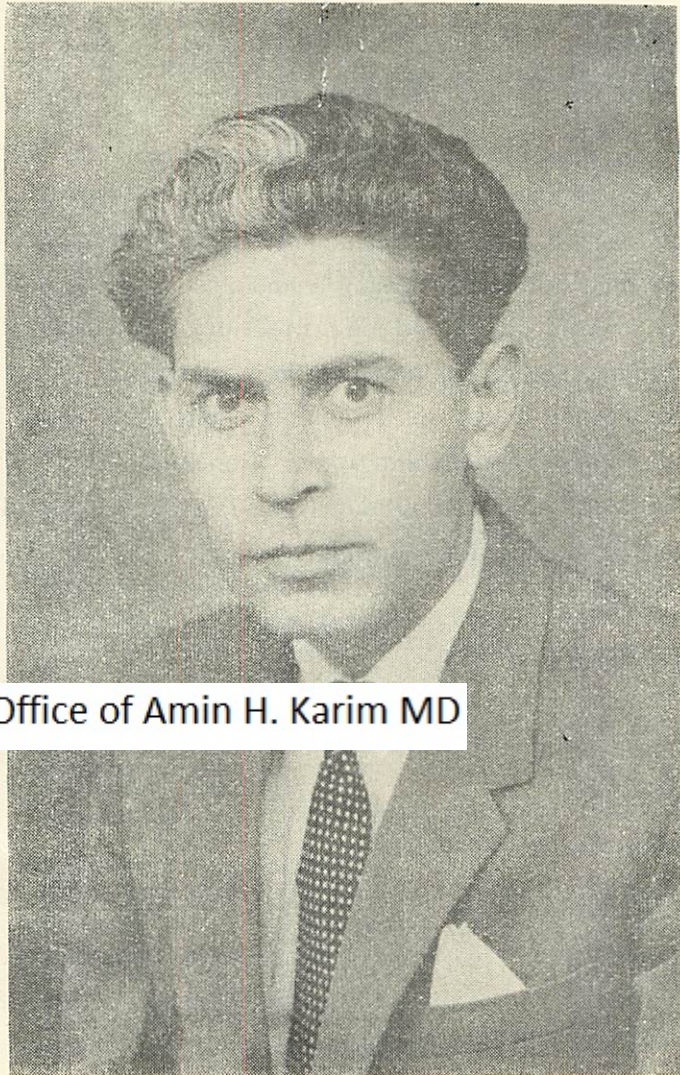
It gives me real pleasure and satisfaction to see that the college Students Union has taken the responsibility of holding Annual Convocation for the award of M.B.,B.S. degrees from this year. I am indebted to President Hamid Zaki and his most understanding and hard working associates for this very progressive and encouraging step forward. It would be a great day in the history of our Students Union and will be highlighted. I am sure, it is an example of service to the cause of education incorporated for a healthy integration with the extracurricular activity. The committee members A'aur Rehman, Azizur Rahman, Javed Ehtesham Ali, Zia Moizuddin and Khalid Naseer deserve special mention for their hard work in compiling this Souvenir.

I wish the fresh graduates every success, and many many happy returns for the day.

(PROFESSOR A. WAHID)

Principal & Chairman, Academic Council,
Dow Medical College & Civil Hospital,
Karachi.

CHAIRMAN



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Professor S. A. H. Rizvi

MESSAGE

I am very happy that Dow Medical College is having its first Convocation on the 29th instant.

Convocation is always a memorable occasion in the academic life of any teaching institution.

It is particularly a happy occasion, because it is being organised by the Students Union of this college. I have no doubt that this being the first time every effort will be made to set in traditions, which will be fitting of this great institution.

My best wishes for those who will be receiving their degrees on this occasion, not only because they have successfully completed their studies, but because the path ahead is even more difficult.

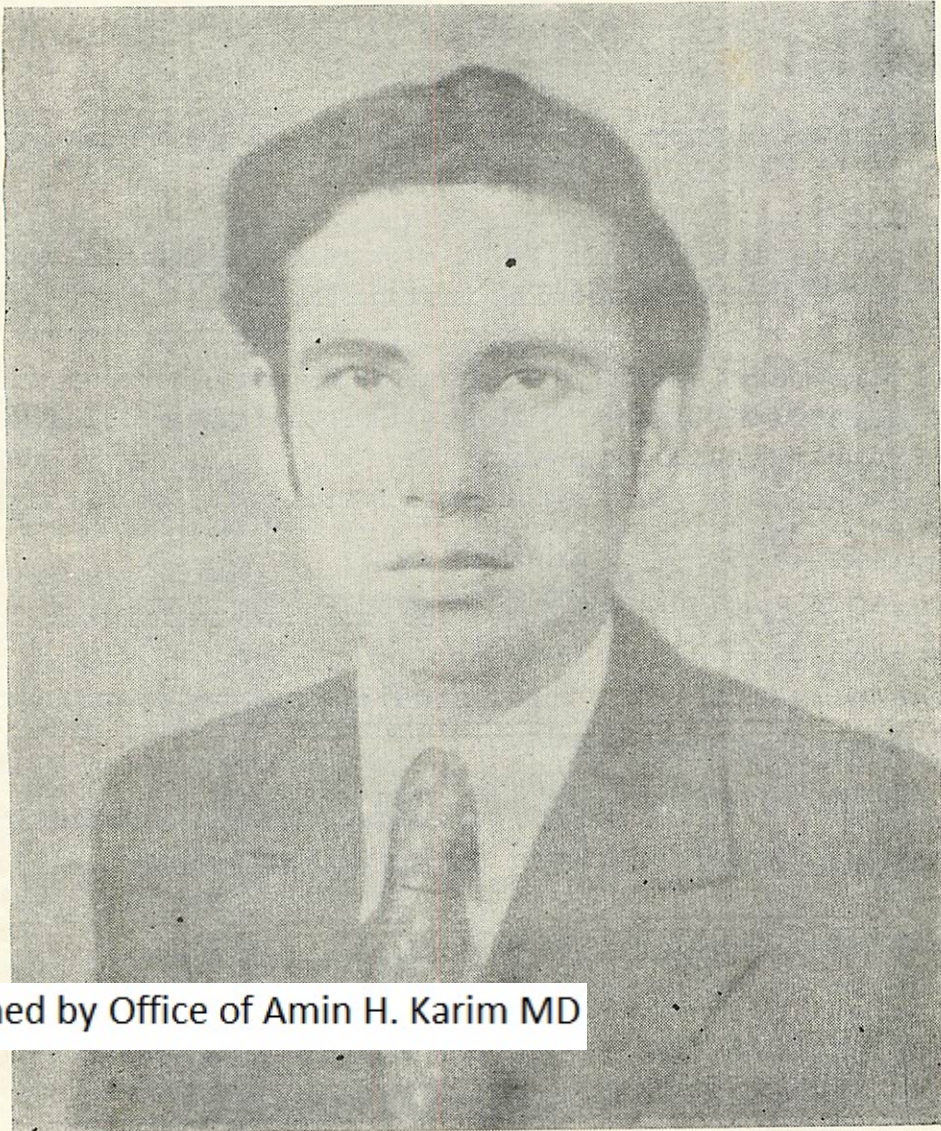
May God grant them the courage, wisdom and energy to mitigate the miseries of the suffering humanity.

(Professor S. A. H. RIZVI)

CHAIRMAN,

Convocation '75

PRESIDENT 73-74



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Dr. Aftab A. Qazi

MESSAGE

Fellow Students,

It gives me immense pleasure to know that the Students Union is holding the first ever Dow Convocation.

On the eve of the first Convocation, I congratulate all my friends who have graduated and entered the practical arena of life. The responsibilities of Pakistani doctors are of paramount significance, for you are Muslim and Pakistani doctors and are not only accountable to humanity but also to God, the Ultimate Being of the universe. You symbolise the intellects of Pakistan, and through your knowledge, the darkened path of our national life needs to be enlightened.

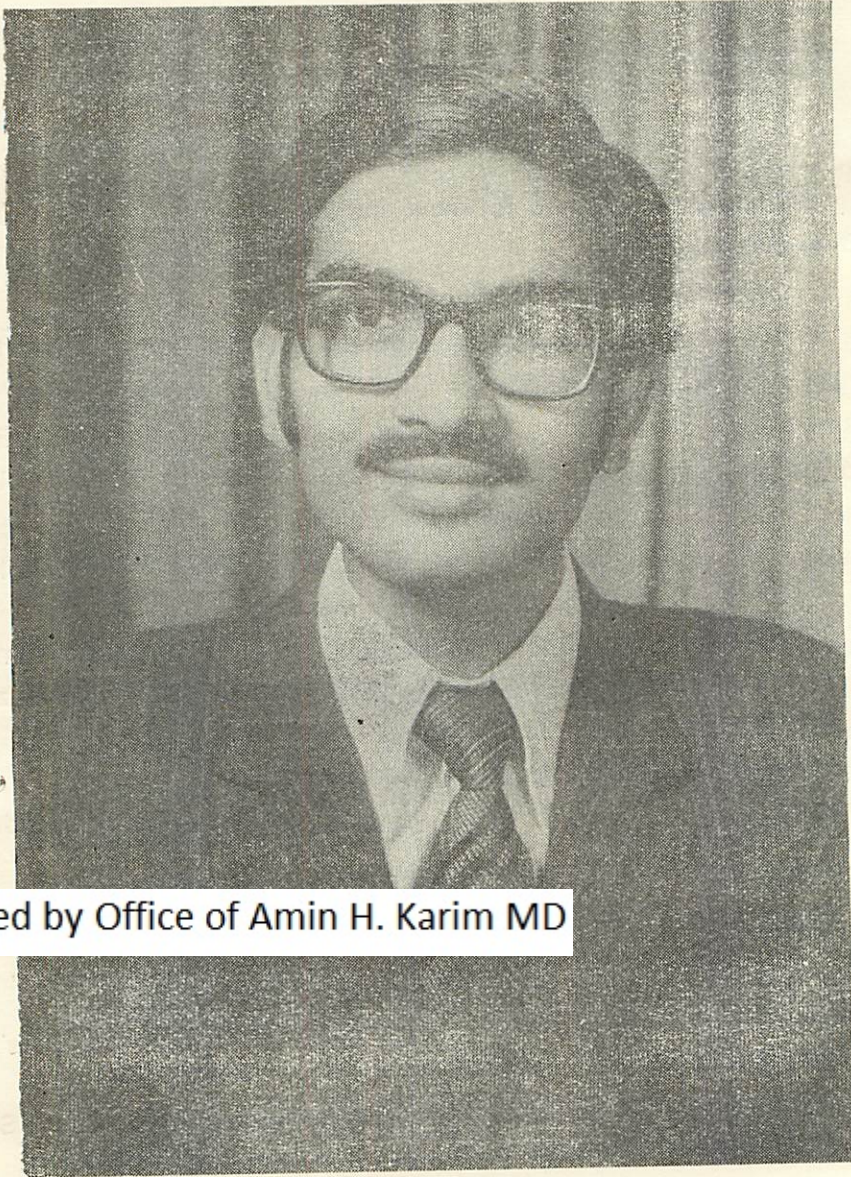
You have been reposed with a sacred trust, for the accomplishment of which, you should forge unity in your ranks, have complete faith in God and discipline in your actions.

Go forth and strive for the glory of Pakistan and Islam.

Pakistan Painsdabad.

(AFTAB AHMAD QAZI),
President,
Dow Medical College Students' Union
(1973-74)
Member Syndicate, Member Senate,
University of Karachi,
Karachi.

PRESIDENT 74-75



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Misbah-ul-Aziz

MESSAGE

Fellow Students,

It gives me immense pleasure to congratulate you all on the occasion of first ever convocation of this coveted institution. This convocation was scheduled to be held in the beginning of the year, but due to the most unfortunate episode of continued postponements, it is being held now.

The students of Dow Medical College in general and those effected in particular are very well aware of the consistent efforts of the Union to resist postponement of examinations which prove to be detrimental to the smooth running of academic session.

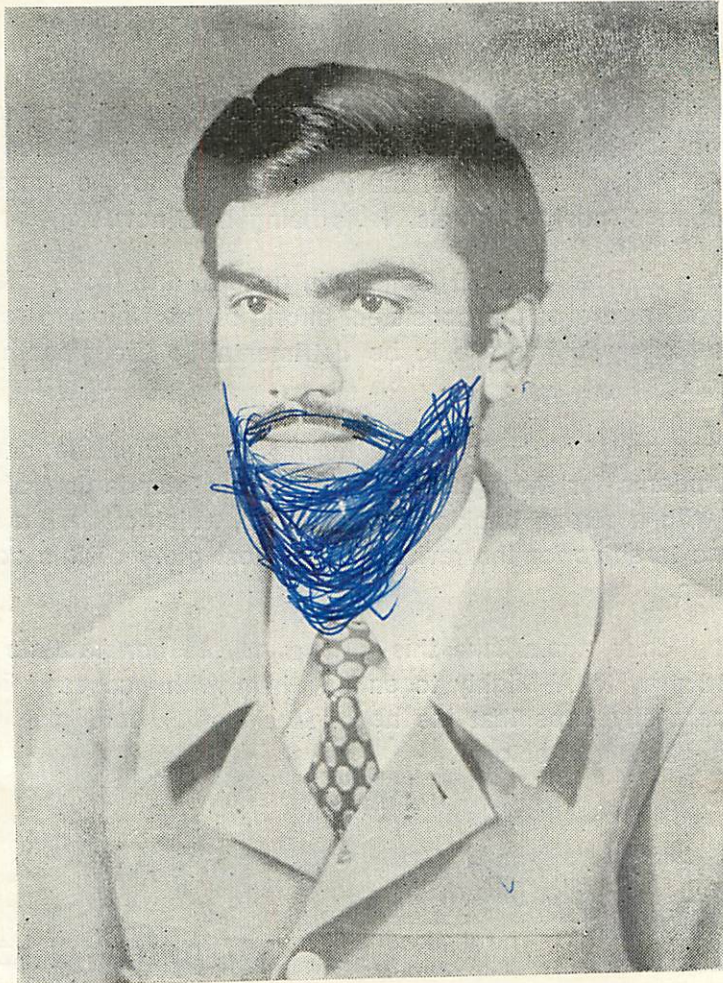
I am, however, proud of the fact that during my tenure the once incoherent efforts of the students for the upheaval of academic standards of the college were provided with a strong backing by the Union, which made it a salient feature of its programme to strive for the revival of the lost glory of this coveted seat of medical education.

In the end I once again take this opportunity to congratulate those receiving degrees and pray to Al-Mighty to endow them with success in their future career, and I earnestly hope that the new "Mesiahs" would give an exemplary performance as "Muslim Doctors".

AMEEN.

(MISBAH-UL-AZIZ)
President,
Dow Medical College Students' Union,
(1974-75)
Karachi.

PRESIDENT



S. Hamid Zaki

MESSAGE

Fellow Students,

On this auspicious occasion when some of our colleagues have successfully completed their medical education, I congratulate them on my behalf and on behalf of the Union. The occasion calls for special rejoicing on the part of Dow students, as it is for the first time that the medical students in Pakistan, on successful completion of their studies, are being awarded degrees in a separate convocation.

The young Pakistani doctors have to shoulder the responsibility of serving the ailing nation. I hope you become symbols of devotion and dedication to Islam and Pakistan and I pray to Almighty Allah to make you noble practitioners of the Noble Profession. By your dedication to the cause, you may not only become a beaconlight for medical students but may shine as a ray of hope for the youth of Pakistan. Be firm and unyielding in your resolution for the establishment of a truly Islamic Republic of Pakistan.

In the end I wish you all the success in the life that lies ahead.

(S. HAMID ZAKI)

President,

Dow Medical College Students' Union,
Karachi.

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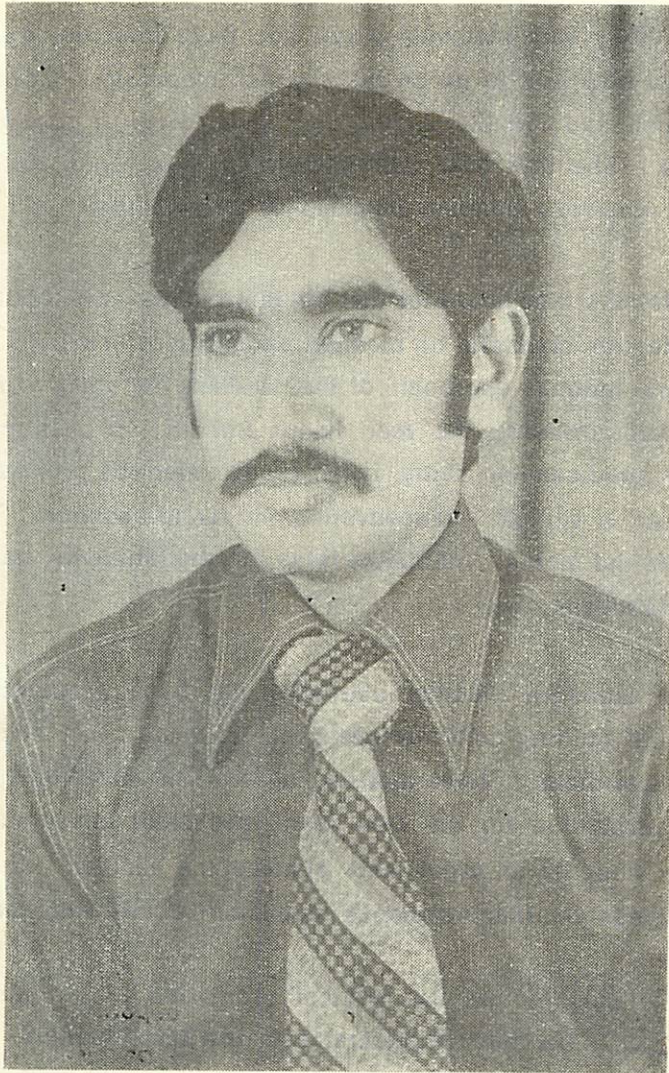


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Shaukat A. Malik

A RED LETTER DAY

It has been rightly said that only when you have been in the deepest valley can you know best how it is to be on the highest mountain. Gone are the days of retribution, which had left the image of Dow Medical College languishing in the wilderness. The first ever convocation for Dow Graduates, marks a red letter day in the otherwise appalling memoirs of our college.

It has been for the first time that the students have unilaterally scaled great heights to elevate the standard of medical education which happens to be at the lowest ebbs. The rational approach of the students by irony of fate has met with adversity, thus unveiling the real hands behind the destruction of medical profession. The predicament being faced by the medical profession is invidious and liable to stir a violent manoeuvring for its eradication. The clandestine tactics to ambush the noble manoeuvrings of the students has become tacit unmasking the daredevils.

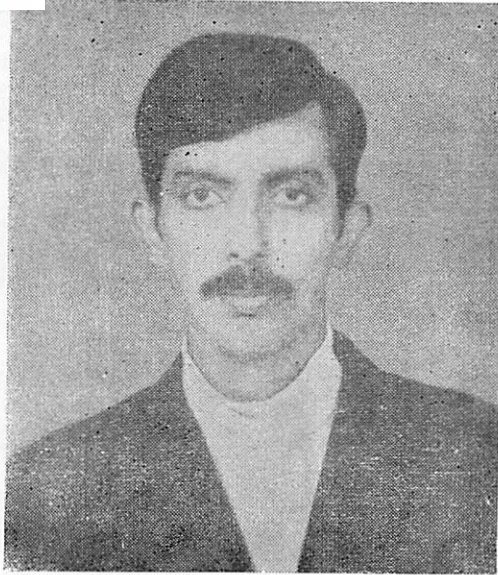
The need of standard medical education has been a subject of exhortation time and again, but nothing concrete has been done for its accomplishment by the omnipotent guardians. Nevertheless, despite all adversities the innovation of a separate convocation for the Dow Graduates shall infuse the impetus and incentives in the students to aspire and achieve the laurels. The graduates receiving their degrees on this auspicious occasion receive our hearty felicitations.

The nation in general and the medical profession in particular has pinned great hopes in them. On their shoulders rests the responsibility of struggle for the glory of medical profession. Their fidelity to the profession shall be a source of inspiration for the posterity. Lastly our heads bow down in gratitude to our teachers for their untiring efforts to impart in us the art of healing.

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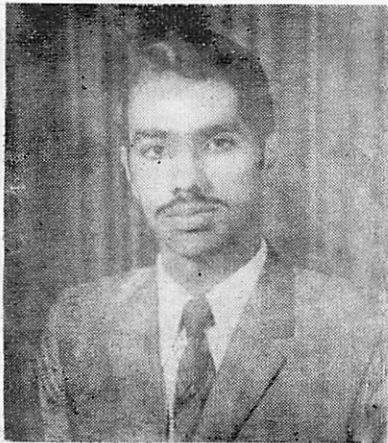
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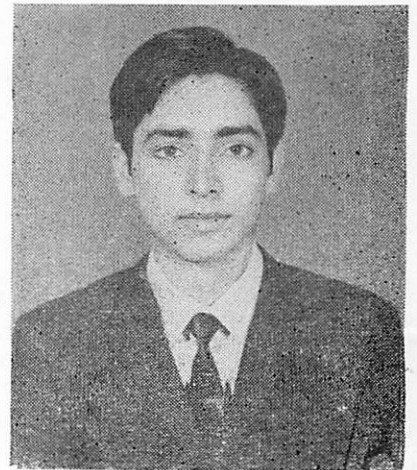
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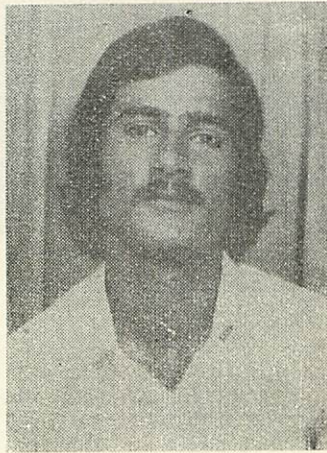
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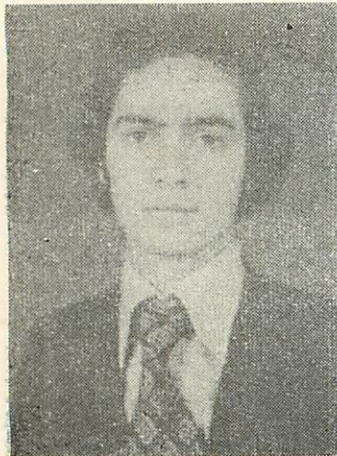
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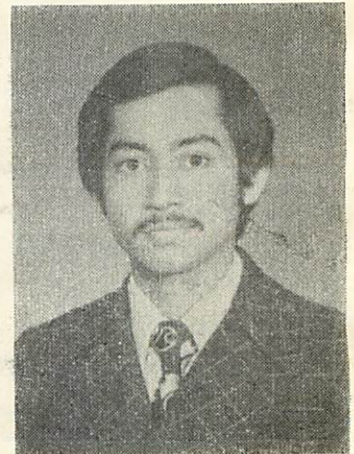
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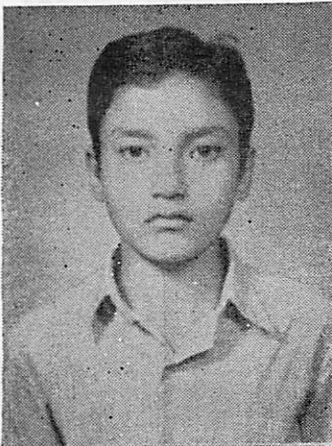
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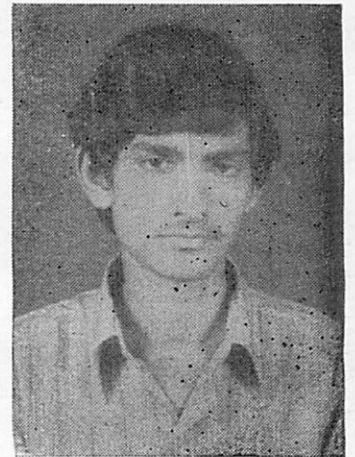
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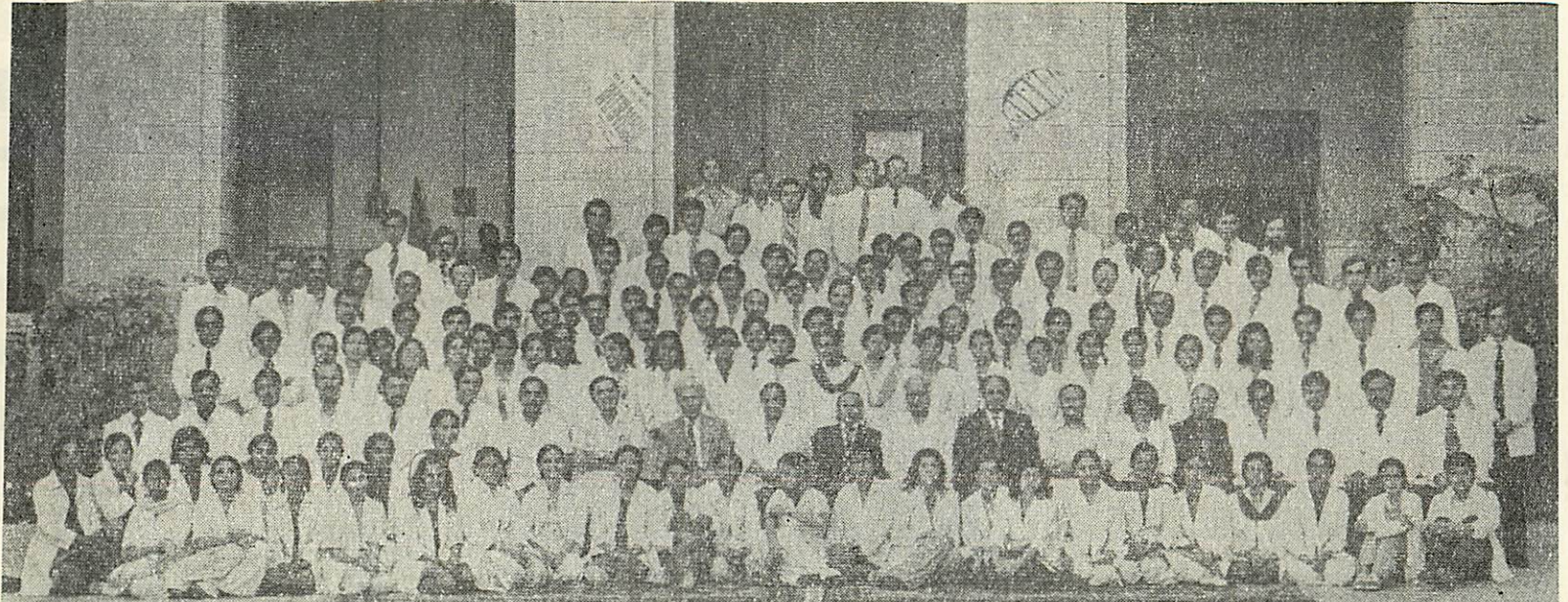


ANWAR-UL-BASHAR



HUSHAM BIN ZAFAR

GRADUATES '75



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Dow Medical College

Dr. SALEEM BAKHTIAR

First Position,
Final Year, M.B.B.S.



A serious, studious and serene person-this is how I had him pictured in my mind before I went to interview him but he was totally different from what I had anticipated. Tall, smart, with an imposing and overwhelming personality, Dr. Saleem Bahktiar topped in the Final Year examination distinguishing himself in Medicine and E. N. T., This is what he said in reply to different questions asked from him :-

- Q. Dr. Saleem, were you expecting a position in this examination?
- A. Expecting a position! No. I never had a position in any of the previous examinations and this time too I wasn't expecting it either.
- Q. Did you study with the aim of getting a position?
- A. After taking my E.C.F.M.G., I found the system we are following to be totally different from the American system. The difference was so much that I was really worried about getting through. I hope that answers your question about studying with the aim of getting a position very well.
- Q. So you have cleared your E.C.F.M.G. When did you do it?
- A. I passed it in July, 1974.
- Q. As you said you found the British system of medical education, the one which we follow, to be totally different from the American system. Could you tell what is the basic difference between the two?
- A. The basic difference between the two systems is that whereas the British system is based entirely on memorizing and on theoretical knowledge, the American system is the practical application of theoretical knowledge. (In it you have to use your brain and not memorize what is written in the books).
- Q. If the difference is so great how is it that many doctors from this college who are completely alien to the American system pass the E.C.F.M.G.?
- A. This I shall attribute mainly to the students and partly to the professors who were very kind and taught us what we cannot find in the books available here.
- Q. Do you plan to specialize in any branch of medicine?
- A. Yes, I have always wanted to specialize in general surgery. I belong to the primitive province of Baluchistan and there one has to have a wider grasp on the subject rather than specializing in any one branch of surgery or medicine etc.

- Q. Where do you plan to go for specialization?
- A. I'd like to go to a place where I can get the best and the most of training. In my opinion, England is about 10-15 years behind the U.S.A. in the field of medicine. Most of the doctors go to England to get F.R.C.S. because it is accepted here. It is more of a formality than an urge to learn something. I would like to go to the U.S.A. because I feel I shall get the best practical training there.
- Q. Do you intend to come back?
- A. Yes, definitely. I'd like to make my trip abroad as short as possible. "Go fast! Come back fast—acquire something while you are still young."
- Q. Will you join the army if called upon?
- A. No, I would not. The attitude of the army is not reasonable at all. They do not allow the doctors to

- to temptations either.
- Q. What do you think of the academic standards in medical colleges?
- A. The standards are very low. They are far below the required standards.
- Q. In your opinion, what are the factors responsible for the deteriorating standards in medical colleges?
- A. In my opinion there are three main reasons. Firstly, the colleges do not have enough facilities to cater with the growing number of the students. This is because the Government wants quantity and not quality as it wants to provide the basic medical facilities to the majority of the people. Secondly, the students are not interested in their studies. Thirdly, the teachers have not been really successful in developing the interest of the students in the subject.
- Q. What are your future plans—marital?

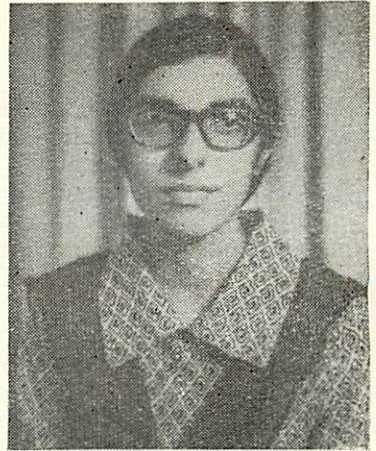
Government wants quantity & not quality in medical profession

- do house job. The period of required service is not specified. Besides, the army is a group of healthy people—you seldom see a sick man. All the doctors are required to do is to maintain the health of these people. In doing so you forget your medicine as it requires continuous practice. If the army becomes a bit more reasonable, allows fresh doctors to do the house jobs, specifies the period of stay in army, and does not give exemptions to anybody then I also would not mind serving.
- Q. What do you have to say about the social and financial status of doctors in our country?
- A. In our country, doctors are not given the respect which is their due in society. The financial status of young doctors, in my opinion, is quite satisfactory. Young doctors should not run after money. However they should not be exposed
- A. Marriage—No, not at this stage. I have nothing to offer now. I shall settle down before I take this responsibility.
- Q. Do you approve of doctors marrying doctors?
- A. No comments. It depends upon the person rather than the profession.
- Q. You must have come to know about "save a human life project". What do you think of it?
- A. It is a good project. It should be encouraged and a feeling of self-realization should be created among the students. I congratulate the social section of D.M.C.S.U. on this endeavour and I feel it is high time we direct our social activities in a constructive direction.

—Interviewed by Zia Moizuddin.

Dr. NUR JEHAN QURAIISHI

Second Position,
Final Year M.B.B.S.



Calm, placid and tranquil, Dr. Nur Jehan Quraishy stood second in the Final Year M.B.B.S. examination with distinctions in Medicine, E.N.T. and Special Pathology. With an air of serenity about her, she opines cautiously on various subjects. An account of what she said in reply to the questions asked, follows :-

- Q. Doctor, were you expecting a position in this examinaion?
- A. I don't really know (she said reluctantly) but may be I was (she admitted).
- Q. Did you study with this in your mind?
- A. I have always studied to learn and to acquire knowledge as much as I can. But this time I had studied with the aim of getting a position to keep up with my academic record.
- Q. You mean you wanted to keep up with your academic record and distinguish yourself once again. Could you elucidate your academic career?
- A. Certainly. To start with, I passed my Inter-Science from Hyderabad Board and secured the 3rd position, then in Dow Medical College, I topped in the 1st and 2nd Professional examinations and in the 3rd Professional I got the 2nd position. (Whew! Some academic record).
- Q. After knowing how you have been distinguishing yourself in the past—and even this year, I would like to ask you that to what do you attribute your successes?
- A. I think that I have been successful because of hard work. I have always been a hard-working student with long study hours.
- Q. Do you plan to specialize in any branch of medicine?
- A. Yes, I have intentions to specialize in Paediatrics.
- Q. Why Paediatrics?
- A. Mainly because I have a profound interest for the subject and I guess also because I have a liking for children.
- Q. Do you plan to appear in E.C.F.M.G. or already have?
- A. I already have. I passed my E.C.F.M.G. at the end of the final year postings in July, 1974.
- Q. Do you plan to go abroad?
- A. Yes, I plan to go to the States where I shall work for some time and then go to England to get a degree. I might as well take a post-graduate degree in the States (not very sure).
- Q. Do you have intentions of coming back? If yes, when?
- A. Oh yes, I shall come back but it is premature to ask when. I cannot prognose the exact time; it depend upon various factors.

- Q. Being a lady doctor, you are lucky to be exempted from the compulsory service in army. By the way, what is your opinion about this scheme?
- A. I think that the compulsory service is not appropriate—at least it is not appropriate in the present form of recruiting fresh doctors without permitting them to do house job. I am not against compulsory service but the attitude should be more reasonable.
- Q. What do you think of the social and financial status of “doctors in Pakistan”?
- A. They do not get what they are worthy of, society does not give
- Q. What do you think should be done to improve the standards?
- A. The students should take interest in their studies. The Health Ministry should reduce the number of students, increase facilities and support the students bodies in their struggle for the improvement of standards.
- Q. What are your future plans?
- A. I cannot be exact about my future plans now.
- Q. What is your opinion about doctors marrying doctors?
- A. I think it is O.K., as doctors can very well understand the problems of their colleagues which other people can't.

Self-realization on the part of students is really appreciable

- them the respect which their colleagues get in other parts of the globe. Besides they are also not very well off financially.
- Q. Academic standards—a hotly debated topic among the students now a days. What do you have to say about it?
- A. There is no doubt that the academic standards are falling and it is mainly due to the fact that individual attention cannot be given to so many students. The number of students being admitted should be curtailed drastically.
- Q. Before I finish the interview I would like to have your comments about the “save a human life project”?
- A. A commendable job. It is really appreciable because it is self-realization on the part of students and efforts to solve a problem which had to be tackled, the sooner the better. Medicines are badly needed in the wards as the poor patients cannot buy the drugs which are not available in the hospital (— and most of them aren't).
- Interviewed by Zia Moizuddin.

With Best Compliment

From



FAROOQ KITAB GHAR

Urdu Bazar, Karachi.

Dr. SHAKIL AHMAD KHAN

Third Position,
Final Year, M.B.B.S.



Frail and lean physically but strong and impressive otherwise, Dr. Shakil Ahmad Khan secured the third position in the Final Year M.B.,B.S., examination with honours in E.N.T., Special Pathology, Gynaecology & Obstetrics. Having a pleasing personality he is very outspoken on matters he feels strongly about such as the loopholes in our educational system. He has his own methods of analyzing problems and offering solutions. Here are his views on different questions he was subjected to :-

Q. Dr. Shakil, the first question which I have asked Dr. Saleem and Dr. Nur Jehan and shall ask you the same is that were you expecting a position?

A. Frankly, not at all. In fact I was rather surprised when I heard the news at the University Campus, the day the result was announced. I believe I had reasons for not expecting one.

Q. Could you elaborate the reasons for not expecting a position?

A. The prime reason for my scepticism towards getting a position was my complete dissatisfaction with the system of education prevalent in our country. There is hardly any direct communication of ideas between the examinee and the examiner. To add to the agony is the part which trivial and irrelevant matters play such as limited time, bad handwriting, disturbing noise, and believe me, sometimes even a bad writing-desk can play havoc. Another reason for my not expecting a position was that I have

always been confused as to what should and what should not be mentioned in answer. My friends advised me that I should follow the conventional method as the examiners prefer answers from textbooks, which they have a likeness for. Whereas I have a deep seated belief in answering the examination questions from any other book which satisfies my soul and lust for learning.

Q. Could you tell me about your performance in previous examinations?

A. Though I have never been in the first three but I have always managed to be in the first ten students in examinations here in D.M.C. In B.Sc. I stood first class first in Biochemistry in the University of Karachi.

Q. Do you intend to specialize?

A. Yes, in internal medicine.

Q. Why specifically internal medicine?

A. I guess because I have a special likeness for the subject; or may be because I have always secured

good marks in medical subjects—topped in Biochemistry in B.Sc., topped in Physiology in First Professional, secured distinctions in general and special Pathology. Also, I have written a booklet "Practical Biochemistry" used by students of medicine, pharmacy and B.Sc.

- Q. Have you appeared in ECFMG?
- A. Yes I have, and cleared it too. I did it in July, 1974.
- Q. Having done your ECFMG, do you plan to go to USA for post-graduate studies?
- A. After completing my house job here in Civil Hospital, I would like to go to USA to get acquainted with their advanced techniques and systems which may help me in the course of time to introduce some of them in Pakistan for the benefit of people here.

basically and I am opposed to the very idea of maintaining armies in any part of the world. Unfortunately today the set up of the world is such that armies have become inseparable from the existence of human race. At present, as a fresh medical graduate I am reluctant to join the army.

- Q. Could you explain as to why the doctors are so against the very idea of serving in the armed forces?
- A. As far as I can see, there are three reasons for this attitude of the fresh doctors. Firstly, there are no learning facilities which are vitally important for them. Secondly, the future of doctors serving in the armed forces is far from being bright. The period of stay is not clearly defined and at the end of this service they find themselves competing with doctors

I owe a duty to my country and I intend to fulfill it

As far as the post-graduation is concerned I would prefer a British University to an American University.

- Q. After your studies abroad, will you come back to Pakistan?
- A. I shall definitely come back. There is no question of my staying there I owe a duty to my country and I have full intentions of fulfilling it. Moreover, in my opinion, it is unpatriotic for any doctor to stay and serve in a foreign country. All of us owe everything to our motherland and we should realize this. In fact, jobs or study programmes in a foreign country should be looked upon as a means of friendly communication of ideas and knowledge and not, as a means of migration and switching nationalities.
- Q. Tell me Dr. Shakil—will you join the army if called upon?
- A. Well, I am a peace loving citizen

junior to them for jobs in the civilian sector. Lastly, the period of service in the armed forces is not considered to be an experience in hospitals—here as well as abroad.

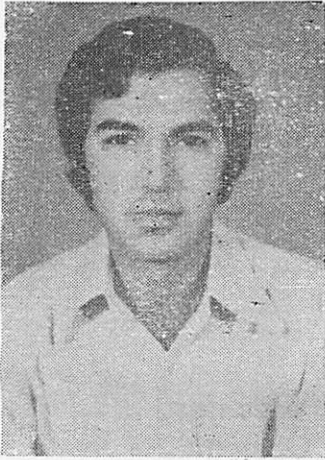
- Q. How do you visualise the social and financial status of fresh doctors in Pakistan?
- A. Fresh doctors, specially those serving in government hospitals, are hardly independent financially. They are still dependent on their parents for their livelihood and those who want to marry and set up a family unit of their own, it is impossible to make both the ends meet. And for those who need financial assistance for post-graduate studies, the future is bleak.
- About the social status I think the fresh doctors are not given the respect which is their due.

—Interviewed by Zia Moizuddin.

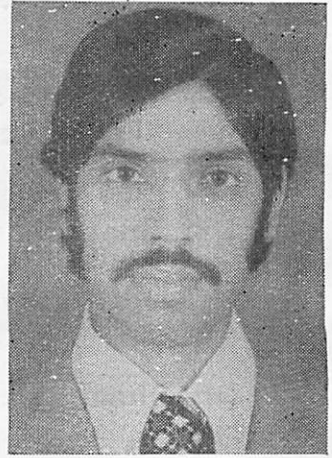
ROLL OF HONOUR

The following doctors distinguished themselves in the Final Year examination by securing distinctions in subjects mentioned against their names :

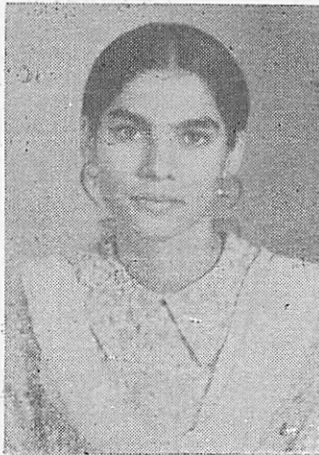
Dr. Saleem Bakhtiar	— Medicine & E.N.T.
Dr. Nur Jehan Quraishi	— Medicine E.N.T. & Special Pathology
Dr. Shakil Ahmad Khan	— E.N.T., Special Pathology, Gynaecology & Obstetrics
Dr. Adnan Abdul Khalifa	— Gynaecology
Dr. Sohail Aijaz Ahmad	— Special Pathology
Dr. Mohd Adnan Siddiqui	— E.N.T.
Dr. Mohd Tariq Shaikh	— E.N.T.
Dr. Sabiha Haque	— Special Pathology
Dr. Gulnar Parveen	— Special Pathology
Dr. Sanobar Kadri	— Special Pathology
Dr. Amjad Iqbal	— Special Pathology
Dr. Azam Baig	— Special Pathology
Dr. Naseer Ahmad	— E.N.T.
Dr. Zeba Faiz	— E.N.T.
Dr. Faisal Rashid	— E.N.T.



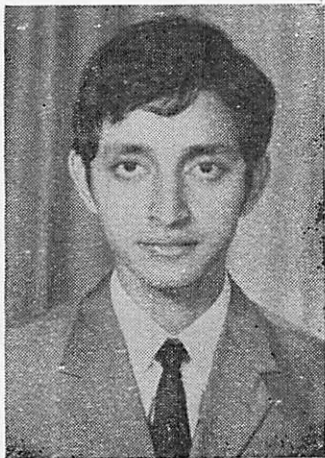
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by

Javed Ehtesham Ali

The separate convocation for the Dow Medical College, marks the advent of a new era, fulminating with ecstasy. It has poured the new wine of its vital spirit into the old bottles of tradition. The phase of academic renaissance, through which the Dow Medical College is passing, holding of such a convocation is indeed a milestone and a source of inspiration.

In the annals of medical profession, the Dow Medical College emerges as the undisputed pioneer by setting such a coveted precedence of separate convocation. The Dow Graduates who are receiving their degrees on this auspicious and unprecedented occasion deserve heartiest felicitations. It has been rightly said that care renders the head that wears the crown. Naturally, the organisers receive appreciations of the highest consideration for transpiring this nebulous idea into a reality, through their inordinate and fidelous endeavour. Holding of a separate convocation will infuse a sense of competition among the students and open the vistas for devoting their time to studies which hitherto had been quiescent and dissipated. Awarding of gold medals for highest marks in individual subjects has provided yet another avenue

for exploring the aptitude of the students and shall tremendously contribute towards elevating the honour of medical profession which unfortunately happens to be at the lowest ebbs. Inhumation of the horrible memories left by our perfidious predecessors through decades, takes place with the advent of the new era. In essence it has perfused the dynamic values to the founded academic life.

The present result which has made the inimical minds frenzy, reveals the fact that unscrupulousness shall never transgress the jurisdiction of academic canons. The saying that the inn that shelters for the night is not the journeys end, undoubtedly holds good so far as the improvement of academic standard is concerned. To array the whole set up, a thorough reorientation is sin-qua-non. Every effort ought to be made to provide facilities concomitant to the numerical strength of students, and commensurating with standard requirements. Hoping to reach the destination in one stride, would appear only too ridiculous.

The times to come shall see greater transcendence and through the fidelity of those manoeuvring, a place worth its name shall soon be discovered in the comity of medical profession of advanced nations.

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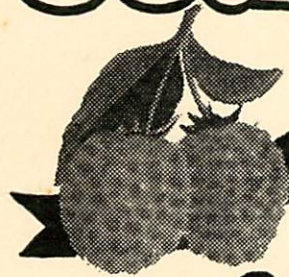
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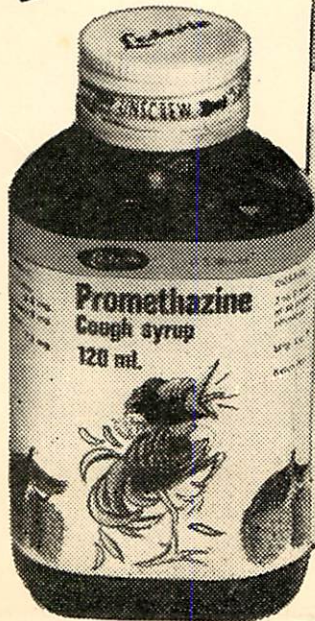
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