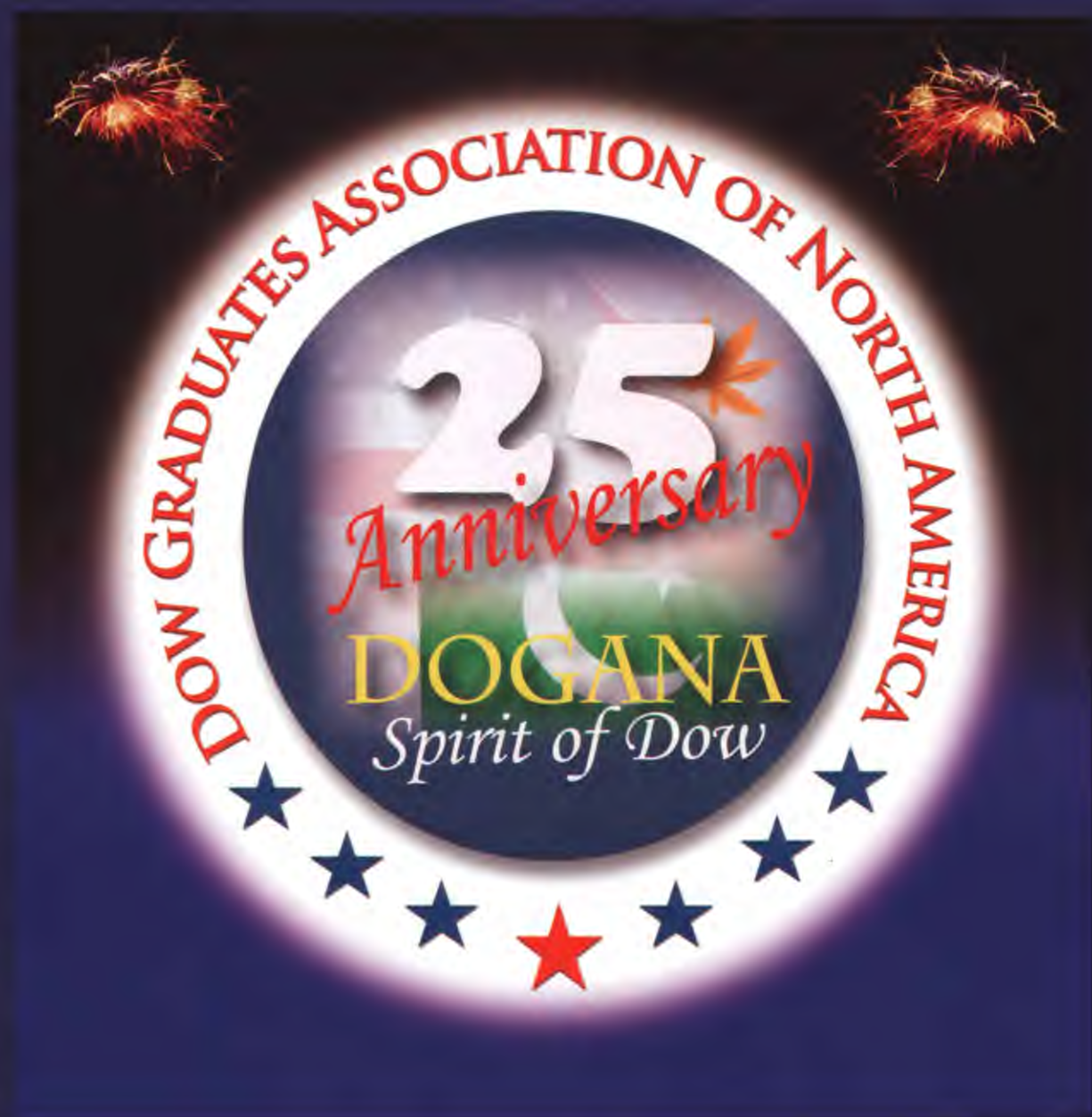


Dow Link

Silver Jubilee Edition



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Dow Graduates Association of North America



The Dow Link

Dow Graduate Association of North America

Editorial

REJOICE AND ENLIST

It all begins in the Hyatt Regency Hotel in Chicago a quarter of a century ago, when in June of 1981 a group of distinguished Dowite members of APPNA established DOGANA as an Alumnus organization of graduates of DMC. This July the 500 plus strong Alumnus is converging once again in the very same Hyatt Regency hotel to commemorate the Silver Jubilee of their beloved Alumnus Association in grand celebrations.



The concept of Alumnus is perhaps as old as that of the prestigious educational institutions and the word itself is a derivation of the Latin word ALERE, to Nourish, literally meaning the "Nourished Ones". Undoubtedly our Alma Mater, Dow Medical College has not only nourished our minds with finest medical education but has also nurtured us with a sense of intellectual excellence, social justice, political activism and above all humanitarian responsiveness.

Today DOGANA has matured and bloomed into an entity firmly rooted in the Dowites community in North America, thanks to dedicated and sincere efforts of recent leadership. Its rapid increasing membership is a testament to the trust it has gained in its constituents who see it as an organization gaining momentum due to its humanitarian and socio-political activism in line with the broad aspirations of its constituents.

In addition to above as a component Alumnus of APPNA, DOGANA has evolved into one of the most active and vibrant integral part of APPNA's fabric where it has earned tremendous respect by showing its mettle as a dynamic enterprise not only actively engaged in the issues pertaining to its membership or its Alma Mater, but also selflessly contributing immensely to the greater causes of APPNA, recognizing the fact that there is strength in numbers and collective efforts.

Over the years DOGANA has been successful in initiating a number of worthy projects which are now already firmly established on the grounds such as the million dollar endowment fund ENDOW, designed to support deserving projects in Dow and CHK, continues to make progress. Semiannual educational meetings in Dow and CKH where the visiting faculty from North America share their expertise with the students and staff, are now a regular feature.

We all share the sense of frustration and hopelessness at the dismal health care situation in Pakistan. In addition we all are well aware of the responsibilities we bear as Pakistani-Americans in this era of tumultuous socio-political times in our adopted homeland. I believe that as highly educated well-trained health care providers who are cognizant of their broad responsibilities collectively we can play a decisive role not only in the reverse export of the concept of quality health care to Pakistan but also be a source of effective and articulate leadership imperative today.

Much has been achieved in the last quarter of century by hard work of few in DOGANA. However a lot remains to be done and is definitely achievable if DOGANA can recruit those members who are not yet active in its folds. Perhaps some of us are waiting to see some progress made and results achieved before committing. DOGANA has the accomplishments, the vision and the collective will of the organization to ascend to the higher level of excellence to become a truly world class Alumnus organization. It will not only enhance manifold its current projects but also explore many new avenues of humanitarian and socio-political activism. This can only be accomplished if DOGANA can attract few good men or women who are willing to volunteer few hours a month.

I therefore urge all of us to step forward and enlist ourselves in the effort to make the next quarter century of DOGANA as a golden era of progress, enrichment and bequeathal.

PRESIDENT'S MESSAGE

DOGANA Celebrates its 25th Anniversary



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Asalam Alaikum,

It gives me a great pleasure to write for the silver jubilee edition of Dow link. It was 25 years ago that few Dowites with a vision laid the foundation of DOGANA and because of the hard work of many today DOGANA is the most vibrant and active Alumnus in APPNA.

This year has been very rewarding for DOGANA as an organization we have been able to accomplish a lot of things.

The most important was the CABL which was completed by wajid Baig and approved by EC and will be presented and discussed during the summer meeting in Chicago. Along with CABL we also were able to do the Code of conduct for the EC, BOT and members of DOGANA.

It is said and I quote "The man who leaves money to charity in his will is only giving away what no longer belongs to him", this is where the Endow come one of the major accomplishment of last few years, we have over one million dollars in pledges and will have more on this during the meeting.

I want to thank my EC who worked so hard to make our organization what it is today, the monthly DOGANA executive committee meeting attendance was 100% on most occasions which shows the dedication of our team. Many hours of late night meeting went in the planning of various events. It is indeed commendable to note that every month there were more than 1200 minutes collectively spent by the EC members in the EC teleconferences. In addition to EC there were many more Dowites actively helping us in planning the events through out the year.

Our membership stand at highest at any time in the history of our organization, but more work needs to be done we want every Dowite to be an active member of DOGANA.

Dow alumni activity is not only limited to North America now we have sister organization in Europe DOGANE and Dowites are getting more organized and involved in alumni affairs in Pakistan. The establishment of Dow alumni office in Dow was certainly a historic event. With the alumni office we will be able to streamline lectures, conferences and mentorship program that we have started. We are grateful to Dr. Masood Hameed and Dr. Salahuddin Afsar for their valuable support and establishing Dow alumni office. We will grow with the hard work and dedication of all Dowites and I want to salute all those who made the St Louis retreat in April 2006 such a great success and will hopefully be able to announce the next Retreat in summer meeting.

I want to thank all who gave me a chance to serve DOGANA and I hope I lived upto your expectations.

God bless all of us

AHSAN RASHID, MD

President DOGANA





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DOW ALUMNI RETREAT 2006

A report on the tradition

By Naseem Shekhani, MD



On April 28th -30 2006, Dow Graduates gathered for the third retreat in St. Louis, Missouri. The Retreat was organized under the leadership of Dr. Javed Qasim (Dow '78). The host committee consisted of Dr. Sajid Zafar, Drs. Farhat and Naseem Shekhani, Zia Ahmad,

Dr. Zafar Quader and Dr. Shazia Malik who were Chairpersons of entertainment and CME committee respectively. The Double Tree Hotel, Chesterfield Missouri, because of its picturesque and convenient location, was chosen as the site of the retreat.

More than 110 Dow Graduates participated in the event. The main objective of this retreat was to provide the alums with opportunities to network and develop relationships based on mutual trust. The overarching focus was to work as a team for the betterment of Dow Medical College and Civil Hospital Karachi, Pakistan.

CONTINUING MEDICAL EDUCATION:

The meeting was started with Dua, following which Dr. Shazia Malik addressed the audience and explained the format of the CME program which had been credited with 4 hours of CME. The majority of the speakers in the program were Dow Graduates. These included Drs. Irfan Ali, Akhtar Raza, Muslim Jami, Ashok Kumar, Khalid Mazhar, Abdul Nadir, Syed Tariq, Khalid Mazhar, M. Amjad Ali, and Naveed Akhtar. The topics and speakers were excellent, and we had good exposure to our colleagues who are at a faculty level at different elite medical institutions. This CME program would not have been possible without the help of the CME committee; special thanks are also due to Dr. Nadeem Zafar and Dr. Ashok Kumar.

DOW TOPICS:

A wide variety of issues were debated, including issues pertinent to our children growing up in the USA, as well as our own civil rights in our adopted home. The moderators for the topics were Drs. Rizwan Karatela, Syed A. Samad, Zaki Anwar, Zaffar Iqbal, Sohail Khan, Mohammad Aslam, Shazia Malik, Qazi Farid, Naseem Shekhani, Salahuddin Kazi, Zia Ahmad, and Tariq Butt.

EVENING PROGRAMS:

The program on Friday was led off by Host Committee Chairman Dr. Javed Qasim. The Master of Ceremony was Dr. Abdul Qadir, who did a great job. Dr. Ahsan Rasheed, President DOGANA, spoke

about the unity and strength of DOGANA, and acknowledged the contribution of Mr. Jamdani; Consulate General of Los Angeles, Pakistan Consulate, to the Pakistani community at large. Dinner was excellent and entertainment was enjoyed by all. As is usual at these meetings, some participants could be seen huddled outside the main hall, busy renewing old ties. There were 10 stalls from different vendors, who were also the sponsors of the program. The best sellers as usual were the jewelry vendors.

On Saturday evening, the program was open to other Pakistani physicians of St. Louis area and as a result the total attendance reached 183 participants. Our favorite President-elect Dr. Qazi Farid did a marvelous job as Master of Ceremony. Ahsan Rashid gave an emotional speech to motivate Dowites to give back to DOW, participate in DOGANA activities, and to increase the number of members. Dr. Rashid thanked his own class of 1982, which had the most participants in this Dow Retreat. CME lecture was delivered by Dr. Azfar Malik. We also had a flavor of APPNA politics; both the President-Elect Candidates for 2007, Zeelaf Munir and Mahmood Alam spoke eloquently and pleaded their case; the crowd absolutely loved the real democracy in action.

CRUISE:

The cruise was arranged by Farhat Shekhani and Shazia Malik on the afternoon of Saturday, the 29th of April 2006. The trip, on the Mississippi River, which was cut short by forty five minutes due to thunderstorm activity, was enjoyed by all. The food was fabulous and memories of the traumatic cruise mishap in the New York meeting had somewhat faded by the end of this trip.

BUSINESS MEETING:

Business meeting was started by Dr. Ahsan Rashid. A wide range of topics were discussed. These included Dow endowment, membership issues, constitution and bylaws, development of CME team, mentorship program, social services, looking into J-1 visa and above all our civil rights. In the end, there was unity in the air and a feeling of DOW and Dowites being second to none. I met Saghir Ahmed, Mohammed Sami, Imran Afridi, Jamil Farooqi, Amjad Ali and Munis Abu Ali after a long time. That was an achievement on its own, and a product of the Dow retreat. Overall this meeting was rated as the best of the three retreats so far.

In conclusion, Dr. Ahsan-ur-Rashid thanked our sponsors and meeting was adjourned at 11 am on April 30th 2006.

PHYSICIANS AGAINST NUCLEAR WEAPONS

Nasir Shahab MD FACP, Dow 1989



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*Y*ear 2005 was the 20th anniversary of the 1985 award of the noblest of all Nobles, the Peace Prize to the International Physicians for the Prevention of Nuclear War (IPPNW.org). This was an appropriate recognition of their efforts to increase awareness

of the health risks of a nuclear war. The organization was founded by physicians' Bernard Lown of US and Evgenii Chazov of Soviet Union in 1980 at the peak of the cold war. The world was unstable and the risk of nuclear conflagration between the West and Soviet Union was real enough. IPPNW message of the hazards we faced spread rapidly across the globe. Physicians with social responsibility and political consciousness formed national chapters in many countries.

During a visit to Karachi by IPPNW delegation, members of Pakistan Medical Association (PMA) decided to form the Pakistan Physicians for Prevention of Nuclear War (PPPNW). Drs M.A. Mahboob and S.Ehtisham, Dow graduates of 1960s, were elected President and Secretary General. Regular meetings were held and public as well as the media were briefed on the possibility and cost of nuclear war.

Anniversary of Hiroshima-Nagasaki observed in PMA house was addressed by the Japanese charge de affairs, Retired Justice Fakebruddin Ibrahim of Pakistan Supreme Court, renowned Pakistan physicist Pervez Hoodbhoy and the noted Pakistani political scientist, the late Eqbal Ahmad. A large delegation attended a regional meeting in Dehli. Dr Mahboob also led Pakistan delegations to international meetings in Tokyo, Toronto and Stockholm. Dr Ehtisham chaired a session on Palestine-Israel in Stockholm. The group is still active in Pakistan and has sent delegations to all international meetings of IPPNW. IPPNW is thus a non-partisan federation of national medical organizations who share the common goal of creating a peaceful and secure world, free of the threat of nuclear annihilation.

With the end of the cold war, international populace was led into unwonted complacency. The nuclear disarmament treaties signed between the US and the USSR appeared to hold out hope. The threat of a global nuclear war seemed to diminish and recede. The world was considered a safe place to live for the first time since World War II. However these treaties were not ratified by the Russian government. After

September 11, 2001 USA unilaterally repudiated them. Later the world witnessed depleted nuclear devices used in Bosnian and the Gulf war. Both India and Pakistan have laid claim to membership of the exclusive nuclear club along side the USA, Russia, France, China, and England. Israel and North Korea are undeclared nuclear weapon states. Iran has recently been accused of enriching uranium to nuclear weapon grade. The nuclear arms race remains active and dangerous. AQ Khan's black market of nuclear technology should not leave doubts in any mind how easy it has become to build nuclear bombs. Everything can be had at a price. The campaign to outlaw nuclear war and the experimental use of downgraded nuclear material remains relevant *If nuclear proliferation is not controlled, terrorists will soon have access to these dreadful weapons and would not care who, where and how many died.* Life on earth remains vulnerable to annihilation.

We as Pakistani physicians have a special responsibility. Pakistan and India have an ever growing arsenal of nuclear weapons. There can be little doubt that neither country, with teeming millions of unemployed, and the under nourished poor, can afford huge standing armies, let alone nuclear bombs. The cost of uranium enrichment, nuclear tests, and maintenance of nuclear weapons is enormous. In a world where millions are dying of preventable diseases due to lack of clean drinking water, vaccination and basic medical care, such expenditure is criminal waste of resources. The destruction at Hiroshima and Nagasaki during World War II, and the civilian nuclear reactor disasters at the Three Mile Island and Chernobyl should have been opened the eyes of the power brokers. Radiation-related cancers, deformities and other health problems are the legacies of these catastrophes.

The excuse that nuclear bombs are in fact weapons of deterrence is fallacious and misleading. On the contrary, nuclear weapons actually undermine the safety of the nuclear countries. A misstep will lead to an exchange of nuclear tipped missiles. It is documented that USA and Soviet Union had been with in heartbeat of causing a nuclear holocaust several times. Nuclear weapons certainly have not prevented conventional wars. Nuclear weapons states have been involved in more wars than non-nuclear weapons states: average of 5.2 wars versus 0.67 wars per year between 1945 and 1997. The weapons only give a false and potentially self-destructive sense of security. There is no guarantee that the threat of retaliation will succeed in preventing an attack. India and Pakistan are a



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recent case study: they fought an un-necessary war in Kargil. There are many ways in which deterrence could fail, including misunderstandings, faulty communications, irrational leaders, miscalculations and accidents.

Even if one were to accept the argument that the only reason to acquire nuclear weapons is to deter enemy use of such weapons, does it not logically follow that the best way to end the threat of nuclear war is to eliminate these weapons altogether?

Nuclear proliferation cannot be effectively checked unless all powers honor their pledge under Non Proliferation Treaty (NPT) to gradually dismantle their nuclear war capability. Nuclear war will remain a possibility. Even a "limited" use of the weapons will lead to uncontrollable escalation. If it falls short of total annihilation of life on this earth, it will still kill innocent civilians in their untold millions, and will also destroy the health care delivery system. The injured in such a war will not be able to get any medical help.

The inadequacy of immediate and effective health care delivery was recently exposed following the destruction from natural disasters of hurricane Katrina (USA 2005), tsunami (Indonesia 2004) and earth quakes (Gujrat 2001 and Pakistan 2005). Three of these countries possess nuclear weapons but had no plans to provide immediate relief or long-term rehabilitation to its citizens.

The question in every one's mind should be: What will happen in the event of a less than global nuclear explosion? How will the injured receive medical care? Who will risk his/her life to attend to the victims in high radiation zones? Does any country possess protective gear for relief personnel? Do we have effective treatment of exposure to radiation any way? To be able to comprehend these questions the first step is to recognize the catastrophic health and environmental consequences of a nuclear war.

More than 30,000 nuclear weapons still exist in the stockpiles of countries around the world. Even in a limited war, hospitals, medicines and health care workers would be destroyed along with everything else. Radiation would render access for outside health workers hazardous. Whole continents would suffer radioactive contamination, and there would be terrible damage to the environment. The weakest among the current crop of bombs are several times more potent than the ones used in Japan. Even the effects of a single bomb on a city would cause

wide spread disaster on a scale that boggles imagination.

The recent final report from the Weapons of Mass Destruction Commission, chaired by Hans Blix, asserts unequivocally that nuclear weapons - along with chemical and biological weapons of mass destruction - are the most inhumane weapons on Earth and must be outlawed. I would add that all religions prohibits killing of innocents even during times of war. But many powerful people professing belief in religions seem to think that killing followers of other faiths is sanctioned by their religion and favor nuclear weapons forgetting that nuclear war cannot differentiate between civilians and the combatants. Death of innocents during a nuclear war is inevitable. Supporting production of nuclear weapons is irrational. Nuclear weapons are never morally justifiable.

IPPNW is the only international physicians group dedicated to prevention of nuclear war and as a corollary to control of nuclear proliferation. If they are successful, destruction of existing stocks would be a logical consequence. We as concerned physicians should be committed to ending war and advancing understanding of the causes of armed conflict from a public health perspective. We should join hands with IPPNW. The movement to prevent nuclear war is a special Dow legacy.

I would suggest fellow Dowites to read a book called "Last Aid", by Drs. Eric Chivian et al. It is a seminal work exploring the medical, psychological, and environmental consequences of nuclear war. The effects of the atomic bombings of Hiroshima and Nagasaki are presented in detail, as are the overwhelming effects of a catastrophic nuclear war, which would make any meaningful medical response impossible.

A few may argue against a role of physicians in this matter. I should point out that it was the US chapter of IPPNW, the Physicians for Social Responsibility that made its mark in 1961 by documenting the presence of strontium-90 - a highly radioactive waste product of atmospheric nuclear testing - in children's teeth across the country. This finding led rapidly to the Limited Nuclear Test Ban treaty, which ended aboveground explosions by the superpowers, reviving the hope that the earth will remain livable for our children.

A future without nuclear weapons could be a reality. Involvement of Physicians and support are crucial and critical to progress in efforts for a nuclear weapon-free world. Remember our parents loaned the world to us for our children. We have a duty to leave it safe for them.

RECOGNIZING DOWITES: A DOW TRADITION

By: Munir Shikari, MD and Zaffar Iqbal, MD



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This section of our newsletter highlights Dowites who have contributed in various fields either in academics, human rights, health care or social issues. DOGANA honors one such individual each year and awards Lifetime Achievement Award to that Dowite. In addition to this we plan to recognize many more dowites through out the year.

We are fortunate to have many Dowites with very distinguished Careers around the world. What could be better tribute than to let other Dowites know about it? This is certainly a source of inspiration for many. There is certainly no shortage of the Dowites involved in social works, human rights and helping in social and welfare issues both in Pakistan and elsewhere. Our Alumni are actively involved in patient welfare directly in Pakistan and are making a huge difference in the lives of men and women.

On our Website and in the newsletters we will bring to you the Dowites excelling in academics, social and welfare work and in services to Dow and CHK. Here we present some of our recent recognitions. For more information and how you can recognize dowites please visit. <http://www.dowalumni.com/recognition/mainRecog.htm>



The Distinguished Careers **Prof Rahimtoola - Class of 1954**

Dr. Shahbudin Rahimtoola was born in Bombay, India and graduated M.B.B.S from Dow Medical College in 1954. He received the MRCP from the Royal College of Physician of Edinburgh in 1963 and he was awarded the Fellowship in 1972. He came to the United States in 1963 and became Co-Director of Cardiac Catheterization Laboratory at Mayo Clinic. He was Associate Professor of Medicine at the University of Illinois and Chief of Cardiology, Cook County Hospital from 1969 to 1972, Professor of Medicine at the University of Oregon from 1972 to 1980. From 1980 to 1992, he was Chief, Division of Cardiology, University of Southern California. In 1984, he was appointed the first George C. Griffith Professor of Cardiology. In 1993, he was awarded the title of Distinguished Professor, University of Southern California. He was Chairman, Council on Clinical

Cardiology, American Heart Association and he was Trustee of the American College of Cardiology



Honoring Dowites **Dr. Busharat Ahmed,** **Class of 1956**

It is an honor to present here our distinguished Dow Alumnus, Dr. Basharat Ahmed. He was the first chair of the Michigan State Medical Society (MSMS) section for international medical graduates (IMGs) - first such medical society organization in the country. He then served as first chair of the AMA Section for IMGs. It is now great honor for all of us to see Dr. Basharat appointed to a key position in which to continue his lifelong pioneer work on behalf of IMGs.



Honoring Dowites **Sultan S. Ahmed, MD** **Class 1963**

Congratulations to Dr. Sultan Ahmed
"2005 Faculty of the Year"

On behalf of the DOGANA EC and Dow alumni membership we congratulate Prof. Dr. S. Sultan Ahmed on receiving the prestigious "2005 Faculty of the Year", of the New Jersey Medical School. This is indeed an honor for all of us. The entire DOGANA community feels proud of Professor Sultan Ahmed and his achievement as a distinguished teacher and very well-respected clinician.



The Distinguished Careers **Dr. Teepu Siddique** **Class 1972**

Teepu identified the first gene known to cause primary lateral sclerosis (PLS) in children, and with collaboration, developed the first transgenic ALS mouse model in 1994.

Dr. Teepu Siddique, Abbott Professor of Neurology at Northwestern University Medical School is an internationally recognized researcher, and has received numerous awards for his work in neuromuscular disorders, especially amyotrophic lateral sclerosis (ALS) or Lou Gehrig's disease.



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He earned his medical degree in 1973 as a student of Dow Med College. His internship and neurology residency was at the New Jersey Medical School where even then Sultan Ahmed was a Professor.

Teepu identified the first gene known to cause primary lateral sclerosis (PLS) in children, and with collaboration, developed the first transgenic ALS mouse model in 1994. Additionally, Siddique and collaborators discovered the first gene for ALS1 in 1993, and the gene for juvenile inherited ALS (ALS2) in 2001. More than one gene is involved in the development of PLS, however, and Teepu and his group currently are investigating families with PLS not linked to the same locus.



The Distinguished Careers **Dr. M. Shafi Quraishy.** **Class of 1972**

It is indeed an honor for us to present to you Dr. Shafi Quraishy. His contribution to Dow has no parallel. From the early college days to the present, his commitment to Dow and its students, and his devotion to Dow is truly inspiring. His services to Medical Unit IV and modernizing Dow in early 80s is truly a landmark in our history. His services to Dow and CHK as Principal are remembered as the golden era for the improvements in medical education and patient care. The unfortunate event limited him temporarily but his devotion of time and true concerns for the well being of Dow and Dowites is clear sign that his heart is in Dow and he has no limitations. Please visit the Website for a full presentation which will be uploaded soon.



The Distinguished Careers **Dr. Aziza T. Shad** **Class of 1977**

Honoring Dr. Aziza T. Shad through the endowment of The Amey Distinguished Professorship in neuro-oncology and childhood cancers. Georgetown University.

It was indeed a thrilling moment of pride to see Aziza Shad, a 1977 graduate of our institution was endowed with "The Amey Distinguished Professorship" at The Riggs Library, Healy Hall of Georgetown University on April 12, 2004. This is the 1st such title ever given to a

female pediatrician. It's undoubtedly a moment of pride that deserves recognition by not only our Alma Mater but by our Motherland at large.



The Exemplary Services **Sher Shah Syed, MBBS** **Class 1980**

Shershah Syed is a graduate of 1980, well known for his activism in social and political scene in Pakistan. His work in the maternal healthcare is phenomenal. He was honored with International Federation of Gynecology and Obstetrics (FIGO) "Distinguished Community Service Award" in Santiago, Chile, in 2003. He was also awarded by DOGANA last year for his services in social and humanitarian work. His work in earthquake in Pakistan under Pakistan Medical Association is well noted.



The Distinguished Careers **Shehzad Saeed MD, FAAP** **Class 1991**

Program director of fellowship training of pediatric gastroenterology at the University of Alabama at Birmingham:

Shehzad Saeed completed residency in pediatrics from the University of Chicago, he was an NIH fellow in pediatric gastroenterology at Tufts University, Boston. He is board certified in pediatric gastroenterology. He is currently on faculty as an assistant professor of pediatrics and nutrition at the University of Alabama in Birmingham. Recently he assumed the position of program director of fellowship training of pediatric gastroenterology at the University of Alabama at Birmingham. He has presented many papers at numerous national and international meetings and is the author of two book chapters. He has consistently been involved in post-graduate education in Pakistan and has given numerous lectures on every trip. In 2005, he co-organized the first Dogana summer symposium at Dow. He currently resides in Vestavia Hills Alabama with his wife (Ambreen Dow-91) and two children.

DOGANA: SILVER JUBILEE

A Historical Perspective

By: Iltafat Alavi, MD



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In 1979, a small number of Dow Graduates attended the annual meeting of Association of Pakistani Physicians (APP) at the Renaissance Center, Detroit MI. Among those who attended the meeting were Doctors Sultan Ahmed,

Iltafat Alavi, Aziz Arian, Inayat Husain, Mujtaba Hussain, Rashid -Ul-Khari, Ikram Ullah Khan, Iftekhar Salauddin and Tariq Zafar. At that meeting the idea of the **Dow Graduates Association** was conceived.

1980 WASHINGTON DC.

The general body appointed an Ad Hoc committee consisting of Doctors: Sultan Ahmed, Iltafat Alavi, Salim Chowdhrey, Inayat Husain and Pervez Liyas Shah; with a charge that this committee come up with aims and objectives, to write a simple constitution and to collect demographic data of Dow Graduates in North America.

JUNE 1981: HYATT REGENCY, CHICAGO, IL.

The Dow Graduates Association was established as a social, fraternal organization. A four page constitution including by-laws were approved by the general body. Dr. Inayat Husain was elected as the first President of Dow Graduates Association December 1983 ... Karachi, Pakistan.

The annual symposium of Dow Graduates Association was held at the Hotel Intercontinental. A large number of Dow Graduates Association's members presented their scientific and research papers along with the faculty of Dow Medical College (DMC). The symposium was well-attended and was a resounding success.

IN 1985 BY-LAWS WERE AMENDED.

The name of the organization was changed from Dow Graduates Association to Dow Graduate Association of North America (DOGANA). A post of Executive Director was created, who was to be nominated by the

executive committee for a term of five years. Dr. Iltafat Alavi was unanimously elected for that post.

IN 1985 ... TWO OTHER EVENTS TOOK PLACE.

The sixth International Congress on Health sponsored by APP and DOGANA was held at the Pearl Continental Hotel in Karachi, Pakistan. It was attended by a large number of overseas delegates and physicians from Pakistan.

In 1989 ... Professor Sultan Ahmed wrote a handbook of Cardiology for the students and junior staff. DOGANA sponsored its publication and 1,000 copies were distributed at the medical school. In 1990, President Busharat Ahmed instituted the Youth Excellence Award Program. Commemorative plaques and cash awards were distributed to six meritorious high school graduates. In 1992, the late Professor Mahmud Ali Shah was guest of honor at our annual meeting. He sought donations for the Layton Rahimtoola Eye Hospital in Karachi and a sum of \$ 5,000 was collected and donated to the hospital.

1980 to 1996 ... There were 400 addresses of Dow Graduates in 1980 which were available to DOGANA through AMA registers. As of March 1996, there are 2,106 Dow Graduates in North America. There are 34 life-time members of DOGANA so far. There annual membership varies between 120- 135 per year.

1996 to 2006 ... The tremendous interest of Dowites in alumni affairs has certainly infused a new life. Now DOGANA is the largest alumnus in the APPNA. We have over 340 lifetime members and the total membership runs from 500 to 600, including the annual membership and Physician in Training. Now DOGANA is a vibrant organization with many projects and undertakings, including Earthquake Fund Raising, Dow Endowment Fund, Mentorship program, Dow alumni Office in Dow, Dow Social Forum and much more For details please visit the Website.



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DOW RETREAT ALBUM

By: Retreat Host Committee



Dr. Shazia Malik, chairman CME program



Mansoor Mahdi Abidi and Imran Afridi come prepared to give helping hand to the host committee



Abdul Qadir, Zafar Quader, Naseem Shekbbani, Shazia Malik and Asbok Kumar



The Class of 1988, From L-R: Sobail Khan, Mansoor Mahdi, Farbana Habib, Shazia Malik, Shabtab Karatela, Asif Munir and Adnan Nadir



One of the responsibilities of a good host, Zafar Quader, and his tabla



Furrukh Aijaz '82, Absan Rasbid '82, Mehboob Ur Rehman MD from Dacca Medical College, Naveed Akhter '82, Zia Moiz '82

DOW RETREAT ALBUM

By: Retreat Host Committee



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Past president DOGANA Dr. Pervez Rabman with his wife at the retreat 2006



The Saturday musical evening was fun for everyone.



L-R: Jamil Azam Farooqui '84, Kazi Salabuddin '85 and Abdul Qadir '84



It was indeed fun for the children



The Class of 1982



L-R: Sajid Zafar, Naeem Khan, Adnan Nadir, Abdul Nadir, Abbas Ali, Sobail Khan



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GAPLA.....”

Dr. N. Ashrafi

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Dr. Jogi Jogi

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“ As for me, Amin Texapuri from Lasseeville..ever since I joined GAPLA, I have become a magnate in publishing industry that is envied by MurDock and Turner....I publish the famous Lasseeville Gazette...the most widely circulated tabloid in Lasseeville....read by millions....”

Amin H. Karim MD



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GOLDEN JUBILEE: CLASS OF 1956

A time to remember

By: Busharat Ahmed, MD



The
Dow Link
Dow Graduate Association of North America

Our class in Dow which graduated in 1956 had a very tumultuous period. The students for the first time found out the political power they could yield. It was a heady experience and the use of that power and the process was not always profitable or even safe for our careers.

Violence and strikes were rampant. Exams were postponed many times over.

Our class was admitted in 1950 but could not graduate until 1956. Actually our final exams were in Dec. 1955 and the results announced on Jan 6th 1956. That graduating class had students admitted in 1949, plus other stragglers. From 1950, and 1951.

Total admission was 89, 46 boys and 43 girls. Out of which 55 graduated in 1956.

This was a fine and friendly group and had a good camaraderie, till the middle of our term when NSF came in, divided the class. We became divided, fought among ourselves there was a lot of rancor among ourself and our teachers and administrators.

Popular teachers were:

Dr Waheed, Anatomy;

Dr Mazhar ul Haq Pharmacology;

Dr Hasan, Medicine; Dr Prof. Col. M.A. Shah,

Ophthalmology; Principal Dr. Tajuddin Hasan

Kirmanji our colleague made it to be the Professor and the Head of the Department of Ophthalmology of the Jinnah Post Graduate Institute.



*Academic awards winners of the 56 class
after the graduating convocation*



*Karachi University UOTC contingent which participated in
the Pakistan national Independence Day Parade in Karachi 1950.*



The Dow Link

Dow Graduate Association of North America

DOGANA TREASURER REPORT

ANNUAL REPORT 2005

By: Nasar Qureshi, MD

This report presents the summary of the account activity during the calendar year 2005 and some of the main events in 2005. The report is prepared by Rizwan Karatela from the time he took over as Executive Director of DOGANA in January 2005. The transfer of accounts was in the stages after Dr. Mushtaq passed away. Some of the activity will be overlapping due to the delay in reimbursement from APPNA office, the moneys collected in various events and membership dues received by APPNA office. The current DOGANA executive council considers it a priority to have mechanism where the financial state of the organization is shared with its members on a regular basis.

Through out the year DOGANA has been very active in various events and projects. The financial reports of the individual events are presented in the next section. The events were organized with program fees and sponsorships where ever it was available.

The events included; Dogana Retreat 2005, Dogana Northeast Meeting 2005, Dogana Annual Summer meeting in Houston, Dogana Winter Meeting in Karachi, contributions made for Dr Subia and the Pakistan Earthquake. The details will be published soon.

DOGANA 2005 Income/Expense

Income

Advertisement Revenue	4,750.00
Contributions Income	43,078.00
Membership Dues	18,080.00
Old DOGANA	102,600.00
Program Fees	76,575.00
Sponsors	25,250.00
Total Income	270,333.00

Expense

Awards & Recognition	1,737.96
Bank Service Charges	840.26
Computer Related	2,116.62
Contributions	40,943.00
Entertainment	19,998.12
Equipment Rental	538.75
Miscellaneous	500.00
Office Supplies	1,627.03
Postage and Delivery	2,846.62
Printing and Reproduction	18,871.05
Professional Fees	2,053.00
Program Expense	43,842.94
Rent	4,000.00
Secretarial Help	1,350.00
Total Expense	141,265.35

Total Net Account 129,067.65

Dow Retreat 2005 – April 2005

Income

Program Fees	26,915.00
Sponsors	6,750.00

Total Income 33,665.00

Expense

Bank Service Charges	110.62
Entertainment	12,503.12
Equipment Rental	538.75
Miscellaneous	500.00
Office Supplies	140.00
Postage and Delivery	259.00
Printing and Reproduction	460.36
Professional Fees	1,500.00
Program Expense	16,487.59
Secretarial Help	600.00

Total Expense 33,099.44

Net Income 565.56

The major DOGANA event in 2005 was its annual summer meeting in Houston. The accounts are most handled by APPNA office and we are waiting for the final accounts.

DOGANA TREASURER REPORT

ANNUAL REPORT 2005

By: Nasar Qureshi, MD



The
Dow Link
Dow Graduate Association of North America

DOGANA Northeast 2005 – May 2005

Income	
Advertisement Revenue	2,250.00
Program Fees	9,015.00
Sponsors	18,500.00
Total Income	29,765.00
Expense	
Awards & Recognition	349.96
Entertainment	7,495.00
Office Supplies	87.31
Postage and Delivery	50.00
Printing and Reproduction	5,487.00
Program Expense	11,900.00
Secretarial Help	750.00
Total Expense	26,119.27
Net Income	3,645.73

DOGANA Winter Meeting - December 2005

Income	
Program Fees	2,850.00
Total Income	2,850.00
Expense	
Bank Service Charges	37.20
Postage and Delivery	37.00
Printing and Reproduction	84.50
Program Expense	2,418.00
Total Expense	2,576.70
Net Income	273.30

DOGANA Winter Meeting – December 2004

Income	
Program Fees	1,800.00
Total Income	1,800.00
Expense	
Awards & Recognition	1,388.00
Office Supplies	51.94
Postage and Delivery	201.65
Printing and Reproduction	150.00
Program Expense	835.65
Total Expense	2,627.24
Net Income	-827.24

Dr Syed Hamid Ali and Dr. Anisa Hamid Ali Passed Away



Dr. Syed Hamid Ali, Dow Class of 1959, Died May 2nd 2006. After completing his pre-med from DJ Science College, Karachi, he graduated from Dow Medical College in 1959.

Dr. Ali's gentle and caring temperament endeared him to his family, friends and patients. He was a self made man. He practiced medicine in Karachi all his life and rose to the position of Chief Medical Officer, Karachi Municipal Corporation. He relocated to the United States few years ago and passed away in Maryland after a prolonged illness on May 2nd 2006.

Dr. Anisa Hamid Ali, Dow Class of 1959, died June 16th 2006. She was born in Nagpur, India where her father, Abdus Salam Faruqui, a lawyer by profession, played a prominent role in the Pakistan Independence Movement. She attended DJ Science College for her intermediate education; she then continued her education at Dow Medical College and graduated in 1959.

Dr. Anisa was in private practice in Karachi until she moved to USA a few years ago; she was highly respected for her philanthropic work and free treatment of the poor and needy. Dr. Anisa passed away six weeks after her husband's death and was laid to rest beside him at the National Cemetery in Maryland USA.

Drs. Syed Hamid Ali and Anisa Hamid Ali are survived by her three children, Dr. Syed Asif Hamid Ali (DMC 1986), Dr. Samina Anjum (DMC 1987) and Dr. Naima Ali (DMC 1990).



The Dow Link

Dow Graduate Association of North America

DOGANA NORTHEAST MEETING 2006

A report on the meeting

By Iqbal Jangda, MD

A held its Third Annual NE Region meeting at Marriott LaGuardia last night (May 27, 2006). Despite the multitude of weddings in NY and NJ tying up a lot of die hard Dowites, the hall was jam packed with more than 250 in attendance.

Dr. Javed Suleman (SMCAANA) presented the CME lecture. Dr. Wajid Baig started the evening program and after Tilawat introduced Dr. Quadir Sheikh who presented a report from the organizing committee and conducted the rest of the program. Dr. Farid Qazi (President elect) presented a report of DOW activities. This was followed by a video presentation of pictures of DOW - down the memory lane. Dr. Syed Samad (Past President) presented report of ENDOW (Dow Endowment fund). Dr. Nasar Qureshi (Sec/Treasurer) with the help of Dr. Shikari (DOW class of 77) continued the tradition established last year, of recognizing middle and high school children of Dowites who have excelled in academic and/or community service.

This was followed by the anxiously awaited presentations from Dr. Mahmood Alam and Dr. Zeelaf Munir (candidates President Elect - APPNA).

The sumptuous dinner was arranged under Dr. Aslam's watchful eyes and was of course followed by Pan and a lot of tea as the evening progressed. The entertainment program lasted until 1:30 AM with star performers Bela and Asif Ali entralling the crowd with enchanting Ghazals. This was only interrupted briefly for the raffle conducted by Dr. Nasar Qureshi with the help of Dr. Nasir Gondal (RMCANA) and the ever so cute 2 year old daughter of Dr. Faiq Hamidi (SMCANA).

Dr. Salman Zafar as usual did a great job in editing the event souvenir. The event attracted prominent NY APPNA members besides a large number of Dowites. The local brass of KEMCANA, SMCANA and local

members of all alumni were well represented - Thank you all for joining and supporting us.

What DOGANA NE meeting would be complete without a nihari and halwa puri brunch next morning. Approximately 50 people were present for the brunch.

HATS OFF to the organizing committee: Dr. Mohammad Aslam, Dr. Iqbal Jangda, Dr. Quadir Sheikh, Dr. Hamid, Dr. Salman Zafar, Dr. Arif, Dr. Wajid Baig, Dr. Kazi Salahuddin and Dr. Nasar Qureshi Well Done.



Children Receiving Awards



Iqbal Jangda relaxing one he made sure things are smoothly running



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**From the Class of 1983
With Best Wishes
on the Silver Jubilee of DOGANA**



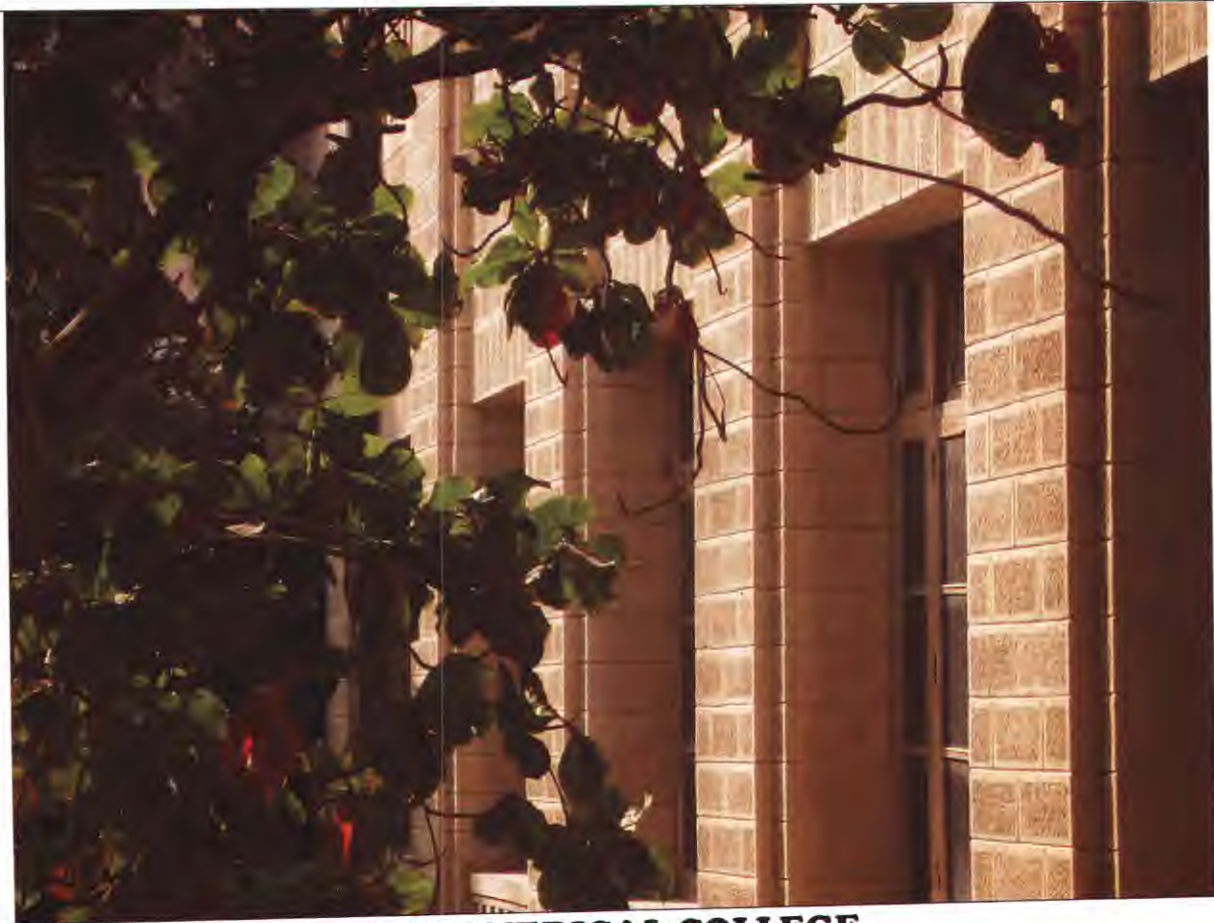
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The Dow, our alma mater. We are proud to be Dowites. We thank Dow for giving us our memorable years. We request all class of 1983 graduates to be part of Dow alumni organizations and become part of the spirit of "Giving Back to Dow"

M. Nasar Qureshi <i>Englewood Cliffs, NJ</i>	Syed Abdus Samad <i>Pine Bluff, AR</i>
Raheel R. Khan <i>Charleston, WV</i>	Mirza Wajid Baig <i>Barrington, RI</i>

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From the Class of 1984
In Memory of Our Friends
K. T. Uzair
Tariq Rasheed
Junaid Dinarwala



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The friends we had in Dow will remain for ever in our memories. We thank Dow for giving us our memorable years. We request all class of 1984 graduates to be part of Dow alumni and become part of the spirit of "Giving Back to Dow"

Iqbal S. Jangda <i>Long Island, NY</i>	Mohammad Aslam <i>Long Island, NY</i>
Rizwan A. Karatela <i>West Palm Beach, FL</i>	Abdul Qadir Sheikh <i>Long Island, NY</i>

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From the Class of 1985
In the Memory of
Jamshed Adil and Ishaq Bawa



DOW MEDICAL COLLEGE

We thank Dow for giving us memorable years. The friends we made in Dow are the friends for ever. We remember our beloved friends now remain in our fond memories. We request all class of 1985 graduates to be part of Dow alumni organizations where ever they are and become part of the spirit of "Giving Back to Dow"

Farrukh Hashmi
Richland, WA

Muslim Jami
Fresno, CA

Nadeem Zafar
Germantown, TN

Kazi Salahuddin
Lincoln, RI

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Dow Graduate Association of North America

From the Class of 1987 In the Memory of Tariq Nisar and Amjad Cheema



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Proud to be Dowite. We thank Dow for giving us our careers. We request all class of 1987 graduates to be part of Dow alumni organizations and become part of the spirit of "Giving Back to Dow"

Tanveer Imam
Orefield, PA

Mohammed & Irum Nadeem
Milwaukee, WI

Shahid Nusrat Siddiqui
Los Angeles, CA

Absar Qureshi
Columbus, OH
Naushad Mohyidin
Sharon, CT

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From the Class of 1988
With Best Wishes
on the Silver Jubilee of DOGANA



DOW MEDICAL COLLEGE

We thank Dow for giving us our memorable years. We request all graduates of class of 1988 to be part of Dow alumni organizations where ever they are and become part of the spirit of "Giving Back to Dow"

Shazia Malik
St. Louis, MO
M. Sohail Khan
Chicago, IL

Wajiha P. Karatela
Jacksonville, FL

Shakeel Kauser
Anderson, SC

*Nephrology and Internal Medicine of Anderson P.A.,
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DOGANA

Calendar of Events 2005 and 2006

DOGANA Annual Winter Meeting Karachi

DOGANA Lectures in Arag 2006

Dow Class 1984 Grand Reunion Karachi

Dow Class 1986 20th Reunion in Karachi

Dow Retreat 2007

for Details

www.dowalumni.com

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